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FINDING HOPE

Syrian refugee family
recounts harrowing fight
to build a life in Calgary
metroNEWS



Majd Tahhouf sits in his new home with his son, Waleed, surrounded by toys donated by their community. JENNIFER FRIESEN/FOR METRO

MacEwan Hall squabble grows

EDUCATION

Students' Union, U of C at odds over ownership



Helen Pike
Metro | Calgary

The University of Calgary and its student union are coming to blows as the custody battle over who can claim ownership of MacEwan Hall heats up.

The Students' Union of The University of Calgary allege repeated threats by the University of Calgary in using a soon-to-expire Licence of Occupation and Management Agreement (LOOMA) to diminish their claimed 55 per cent ownership of Mac Hall, a student-operated building on campus.

But the University told Metro Wednesday they just want dialogue with students.

"There are some points of disagreement ... what we're at-

tempting to do is get clarity so that both parties are comfortable with a landing spot," said provost Dru Marshall.

A letter sent Tuesday to the SU from Marshall read the "1999 [LOOMA] clearly refers to the University as the owner of Mac Hall." It continued to state in an act of "good faith" the University would extend the agreement to May 1, 2016 on the condition that the students not sue the university for ownership.

Last year the SU filed a statement of claim against the university over Mac Hall's ownership — which current SU president Levi Nilson said hasn't been served.

"If legal action was filed against the University it would be very difficult to negotiate with someone who was suing us," said Marshall.

The SU provided Metro with a number of perceived "threats" from the University, which Marshall addressed. The list included qualms with several letters detailing lease terminations. But Marshall said they were standard practice as the lease at the time was nearing expiration.


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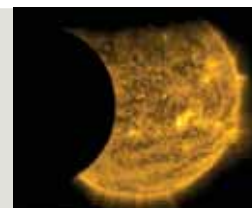
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Calgary boy told his hair violates school policies

EDUCATION

Principal says mohawks can represent gangs, violence



Lucie Edwardson
Metro | Calgary

One Calgary mom said she is “irate” after her 8-year-old son was told at school he’d have to cut his new do.

Gabriel Carrie, who attends École Terre des Jeunes a FrancoSUD elementary school in the city’s north-west, was told his new haircut — a faux hawk — had to go by the school’s principal, Sylvie Monette, because it symbolized “gangs and violence,” according to Paula Carrie, Gabriel’s mom.

Carrie, who is not French, said she thought her son might have misinterpreted what Monette was saying.

“I said, ‘Was she joking?’ And he said, ‘No.’ I said, ‘Is there a chance you misunderstood?’ — because he’s still learning — and I asked him to repeat

what she had said in French to his sister who is also Franco-phone. My daughter said, ‘This is what it means, mommy, he didn’t misunderstand.’”

But Monette doesn’t agree. She said Gabriel misunderstood what she was saying.

“He has a prehawk, and we have a rule about mohawks,” said Monette. “I said right now your hair is perfect. It’s very good, just don’t let it grow higher. And this has been a rule that has been in our school forever.”

The school rule states: “the fully coloured and unusual haircuts (Mohawks, shaved symbols, etc.) will not be accepted. In these cases the parents will

be contacted to remedy the situation.”

Monette said she had initially been speaking with another child about it and Gabriel overheard. One of the kids then asked why mo-

hawks weren’t allowed and Monette said she told them “a mohawk can represent a gang or violence,” but that neither of them had mohawks so it didn’t apply to them, yet.

Carrie said she’s upset the policy allows for judgment based on how a person looks.

“I think it’s sending them



Gabriel Carrie, who sports a ‘faux hawk’ haircut, was told not to let it grow any longer by his school’s principal. CONTRIBUTED

the wrong message,” she said. “Gabriel was so proud of his hair and then he was worried about going to school the next day because of it.”

Monette and Carrie spoke over the phone and exchanged

an email. In the email, which was provided to Metro, Monette apologizes for not contacting the parents prior to speaking with Gabriel about the issue, and invited their family to bring the issue to

parent council on Oct. 14.

“We respectfully challenge the FrancoSUD policy and will be pursuing it at the meeting,” said Carrie. “We just want to know what it’s based on and why it’s in place.”

FIRE DEPARTMENT REVIEW

No need for public consult: Councillor

Brodie Thomas
Metro | Calgary

Coun. Ward Sutherland says there’s no need for the city to consult the public on proposed changes to the fire department.

An independent zero-based review of the department had 34 recommendations, 32 of which were accepted by the city.

A motion by Coun. Diane Colley-Urquhart passed during Tuesday’s meeting means the report will now go to the community services committee in October, where the public will comment on the recommendations.

Sutherland pointed out that similar reviews on parks, roads and water were not sent to the community services committee.

“I’m not really quite sure what her (Colley-Urquhart’s) expectations are at this committee,” said Sutherland.

He said people will now have the chance to talk about their safety fears and job concerns without referring back to the real numbers in the report.

Sutherland noted the fire department keeps very good data, and with good analysis it should be easy to make rational, evidence-based decisions.

“We should take politics and emotions out of these types of reports completely,” he said.

Mayor Naheed Nenshi supported Colley-Urquhart’s motion saying he was willing to give it a try as an experiment in hopes of improving the process.

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IN BRIEF

Administration proposes city property tax drop

Council will debate a recommendation by administration Monday to lower the 2016 property tax hike by 1.2 per cent.

After Coun. Ward Sutherland and Diane Colley-Urquhart sent administration a memo early in August to "investigate various scenarios for tax rate cuts ranging from -0.5 per cent to -3.1 per cent," the city is now recommending councillors consider a lesser rate for 2016.

A report going to council next week read a move from the original 4.7 per cent hike to a 3.5 per cent rate "would not have significant adverse effects on the city's ability to deliver services to the growing population, nor would they cause significant additional harm to the local economy." HELEN PIKE/METRO

Suspect in double murder transported to hospital

Relatives of a man charged in the slaying of a two-year-old toddler and her father in Blairmore, Alta., say he has been transported to hospital following an undisclosed incident Wednesday afternoon.

CTV Calgary reported the family of Derek Saretzky doesn't know if his injuries are the result of an attack or a suicide attempt.

Michelle Davio of Alberta Justice confirms an inmate was discovered "in medical distress" at the Lethbridge Correctional Centre and was transported to hospital, but won't confirm it was Saretzky.

Saretzky, 22, faces first-degree murder charges in the deaths of Terry Blanchette, 27, and Hailey Dunbar-Blanchette.

THE CANADIAN PRESS



Noel Keough and Linda Grandinetti stand beside one of Calgary Carshare's fleet vehicles. Committee members are scheduled to meet Oct. 22 to discuss and vote on the panel's recommendations to cease operations. JENNIFER FRIESEN/FOR METRO

Original carshare poised for closure

BUSINESS

Falling revenue, aging vehicles prompt board proposition

Jeremy Klaszus
For Metro | Calgary

Faced with a revenue shortfall and aging vehicle fleet, a group that pioneered carsharing in Calgary is poised to shut down.

The board of Calgary Carshare is recommending to members that the co-op cease operations and dissolve by year's end.

Board chair and longtime member Natalie Sit said the

organization has run a deficit for two years, and hasn't been able to attract enough new members despite a marketing push in recent years.

"There was a little bit of uptake, but not enough to provide enough money to renew the fleet and ensure day-to-day operations," said Sit.

The recommendations present a challenge for the organization's 115 members. Many don't own cars and rely on the co-op's small fleet — five family-sized vehicles — which members sign out and return to specific inner-city parking spots.

"We've got a real quandary," says Sunnyside-based member Noel Keough, whose family uses a combination of Calgary Carshare, car2go and vehicle rentals.



We've got a real quandary.

Noel Keough on the prospect of dissolving Calgary Carshare

Without Calgary Carshare, Keough says it would be difficult to get his teenage daughter to and from volleyball games until she graduates next summer.

"Our options would be piling up more bills with car2go — not very enticing — or having to lease or purchase a car for a year," said Keough, an assistant professor of urban design at the University of Calgary.

Calgary Carshare launched in 1999, more than a decade before

car2go arrived in the city with its Smart cars.

Operations manager Tracey Braun said car2go hasn't hurt Calgary Carshare.

"It's actually been positive, because people are talking about carsharing more," said Braun. "Car2go is a different model. It has different purposes."

Members are scheduled to meet October 22 to discuss and vote on the board's recommendations.

Braun is hopeful that the co-op can continue somehow. "We've been looking around for funding and may still find something before the meeting," she said.

Keough still needs to review the details of the board's recommendations before deciding which way he'll vote.

JUNO BEACH ACADEMY

Parents battling to retain school



Aaron Chatha
Metro | Calgary

The Juno Beach Academy of Canadian Studies does not have a Grade 7 class this year — but parents haven't given up on recruiting more students for the one-of-a-kind school.

They needed to secure 15 students for the grade level by June 1, but weren't able to do so. Now they're planning recruitment drives for the upcoming school year.

Earlier this year, overall enrolment levels became so low the school was close to being shut down permanently. In March, a last-minute save involved a partnership with Lord Beaverbrook High School, just across the field.

Kathy Cross said her Grade 12 daughter now has some classes at Juno Beach Academy, where students must wear a uniform, and other classes across the field at Lord Beaverbrook.

"So she wears her uniform bottom while she's at Beaverbrook," said Cross. "She can throw on a sweater or change her top while she quickly runs over to the school."

Cross, who is also the chair of Juno's parent council, said that if they could get enrolment up, classes could return to Juno Beach Academy.

+ ON THE TABLE

The Calgary Board of Education will revisit the school's enrolment in January 2007.

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Huge outpouring of support for refugee family living in Calgary

CHARITY

Donors wipe out debt and offer car, toys, furniture



Lucie Edwardson
Metro | Calgary

Two weeks ago, Syrian refugees Majd Tahhouf, his wife Yasmin Hijazi and their two small children had almost nothing after fleeing the civil war that had claimed their village.

Now, as he walks through their lovely southeast Calgary apartment, Tahhouf says, "When I walk into my home I feel at peace."

Upon their arrival in Calgary in April, the family stayed at a refugee centre downtown for 23 days. Tahhouf and Hijazi say their experience was far from welcoming — they went without access to milk for their kids for the first five days and Tahhouf was unable to access medical care for his lung and nose cancer.

But since the family met Calgarians Saima Jamal and Sam Nammoura, their lives have improved drastically.

"They're our angels of mercy," says Tahhouf. "Two weeks ago we couldn't even really live here, and now it is a home."

Jamal and Nammoura first met at the rally for Alan Kurdi, the Syrian boy who drowned alongside his brother and mother while trying to escape the civil war.

The two knew they had to do something to help the refugees.



The lives of Majd Tahhouf, Waleed Tahhouf, 3, Yasmin Hijazi and Amar Tahhouf, 1, have been "blessed" since they met Saima Jamal and Sam Nammoura (not pictured), who now sponsor the family. JENNIFER FRIESEN/FOR METRO

"While we were trying to help people there, we realized there were already refugees here who needed help," says Jamal. "We started to look after and resettle the family right away."

Jamal and Nammoura received an outpouring of support in their quest to help Tahhouf, Hijazi and their children, three-year-old Waleed and one-year-old Amar.

"We were floored," says Jamal. "It's been so overwhelming. The donations we have received have helped us buy

them new beds. These couches have been donated. We've been able to get them laptops and a television, too."

"And everyone brings toys," adds Nammoura, pointing into Waleed's bedroom, which is covered with all kinds of new toys.

On Tuesday, after Jamal and Nammoura put a call out on social media with a list of the things the family still required, they received a call from a young Shell employee who offered to pay the family's debt to the Canadian government

of over \$4,000.

The man met them at the bank and put the money directly into their account, where they were able to pay off the debt immediately.

"(Tahhouf and Hijazi) were just so thankful. They couldn't believe this was happening to them," Nammoura says.

The man, who wishes to remain anonymous, told Nammoura that amidst all the layoffs in the oil and gas industry and the plight of the refugees, he just wanted to do something to help because "he was

thankful he still had a job."

After the family's debt had been paid off, they were sitting at a restaurant with Jamal and Nammoura when another anonymous donor offered the family a Honda Accord that needed only a few minor repairs.

Jamal says she posted the good news to Facebook and within minutes, a local mechanic offered to fix the car up for the family free of charge.

"We couldn't believe it. It has just been a cascading effect," says Jamal.

+ STRUGGLES

The family receives \$1,500 a month from the government, but since neither Tahhouf nor Hijazi speaks English, Nammoura says they are unable to find employment.

Because the rent for their apartment is \$1,100 a month, they are struggling financially and need to get into city housing to help save money for expenses and Tahhouf's medical care.

A bank account has been set up by Jamal and Nammoura to help the family and to sponsor other families.

Tahhouf and Hijazi say the biggest struggle they face is being without their large families. It has been especially hard on Hijazi, who has "a heavy burden" on her shoulders caring for her two children and sick husband.

Hijazi says she needs help taking care of her kids while her husband is receiving his treatment.

"Right now there is nowhere for the kids to go so (Tahhouf) is all alone," says Jamal. "They just wish the government could help them more financially so they had options."

Tahhouf has had two of his six chemo treatments after waiting more than 2-1/2 months to receive medical attention.

To help them and other Syrian refugee families, contact Nammoura at 403-999-9920.

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CRIME

Supporters honour victims in murder case



Parking meters were tied with purple ribbons outside the provincial court building.

JEFF MCINTOSH/THE CANADIAN PRESS

Purple ribbons were tied to a row of parking meters outside a southern Alberta courthouse Wednesday in memory of a two-year-old girl and her father who were killed last week.

Purple was Hailey Dunbar-Blanchette's favourite colour and supporters felt it was appropriate to remember her as the man accused in the killings was scheduled to make his first court appearance.

But Derek James Saretzky

didn't appear inside the Lethbridge courtroom. The matter was quickly adjourned to Sept. 30.

Saretzky, 22, faces first-degree murder charges in the deaths of Terry Blanchette, 27, and Hailey. There is an additional charge of committing indignity to a body in the girl's case.

No family members were present for the hearing, but Allie Pratchler, clutching a small

brown teddy bear, was there in a show of support for the victims' families, including the girl's mother, Cheyenne Dunbar.

"It's probably pretty rough for them right now," said Pratchler.

Hailey's body was found last week in a rural area near Blairmore, a day after her father was discovered dead in their home in the town of about 2,000.

THE CANADIAN PRESS

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Cora and Derek Selinger in their home studio.

LUCIE EDWARDSON/METRO

Filmmaker questions art

PARODY

Video pokes fun at \$470K Blue Ring installation



Lucie Edwardson
Metro | Calgary

A local production company is using a short film to ask a question that has been weighing on the minds of Calgarians for months.

"What's it for?" is what Wonder Productions is playfully asking about the Travelling Light art instalment, more commonly known as the "Blue Ring" on the 96 Avenue connection to Airport Trail that cost the city \$470,000.

Derek Selinger, CEO of Wonder Productions said the idea for the parody came to him when he was driving an actor to the airport after shooting another short film.

The out of town actor asked Selinger "what the heck" the blue ring was, which led the two to having a joking back and forth conversation regarding what possible uses the statue could have.

"So I started making things

up, maybe it's a Hogwarts Quidditch goal, maybe it's a magnifying glass," said Selinger. "As a Calgarian I laughed because I love my city but we all kind of chuckle at it and how much it cost, and the fact that it really is quite enigmatic—we don't really know what it is."

Selinger said after having that conversation, the idea for the film hit him and he and his production company got right to work.

"I wrote a script real quick and we went down and shot it in one day," he said.

His motivation is to "poke fun at something we all poke fun at," as well as to "put a smile on people's faces," during a tough time for the city.

Selinger, who stars in the short film with his wife Cora and is supported by actress Jessica Rondeau, said he's had some great feedback since the video went public Monday.

"When I started showing people the response was great," he said. "We had 300 views in one day, really nice comments, and even some city officials have contacted me to let me know they really enjoyed it."

Wonder Productions won't stop with the Blue Ring film, they said they have a few more "What's it for?" ideas up their sleeves. Up next: selfie sticks.

300

Number of views in one day of the Blue Ring parody video



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Returning to the Twilight

SCENE YYC

The Tea Party on how album has withstood the test of time

Lisa Wilton
For Metro | Calgary

When The Tea Party recorded its third album, band members were like kids in a candy store.

A healthy recording budget meant the trio could bring in an array of expensive instruments from Turkey and Morocco, creating an exotic blend of bluesy rock and world music. Released in 1995, *The Edges of Twilight* went double platinum in Canada and made them stars in Australia.

Metro chatted with singer Jeff Martin about the band's shows in Calgary (Thursday, Jack Singer Concert Hall) and Edmonton (Friday, Winspear Centre) and the special 20th anniversary re-release of *Edges*.

How difficult was it to get the band together to re-



The Tea Party will be playing in Calgary and Edmonton this week. CONTRIBUTED

hearse for this tour? (Martin lives in Australia)

We're not a band who really likes to rehearse. We like the nervous energy and the see-what-happens attitude. Songs change a lot on stage.

But with the *Edges of Twilight*, there are some songs that

we haven't played since 1995. And with the instruments we've brought along to replicate *The Edges of Twilight*, there was a lot of rehearsing that had to be done on the technical side of things.

How does it feel to come

back to this album 20 years later? It makes me feel old, personally.

It's a fantastic accomplishment that this album still resonates to this day and people are still discovering it to this day. For the three of us, it's one of our proudest achievements. It

certainly cemented or patented the sound that is the Tea Party.

For me, I feel honoured to be able to get onstage with my two best friends and recreate this magical moment that I don't think any one of us was really expecting at the time.

The songs don't sound dated. Some albums released in the '90s sound very '90s.

I think one of the reasons for that is the influence of grunge at the time. There were so many rock bands trying to do that sound. The Tea Party were always kind of the black sheep, following our own trumpet.

Do you feel lucky The Tea Party started when it did and Edges came out when it did?

I do. These days, especially, it's very hard for a rock band to make a living off of it.

There's a lot of music out there now, and it's so hard to get noticed. For better or for worse, record companies back in the day were sort of filters. It had to be something pretty special, which is debatable, to cut through all the ranks and to get the attention of these people.

CRIME

Police asking public to help find SUV linked to shooting

The Calgary Police Service is seeking public assistance to locate a vehicle believed to be involved in the shooting of a man earlier this week.

At approximately 9:15 a.m. on Monday, police were called to the 4500 block of 7th Avenue S.E., where a man had been shot. The victim, a man in his 20s, was taken to hospital where he remains in serious but stable condition.

Investigators believe a dark-coloured Nissan Pathfinder, possibly a 2007-2011, or a similar mid-sized SUV may be involved. The vehicle may bear a licence plate that ends in 7585.

Anyone who has recently sold a similar vehicle — or has information about the vehicle or its whereabouts — is asked to call the Calgary Police Service at their non-emergency line: 403-266-1234.

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Group taking aim at vote splitting



Signs such as these have been appearing among election candidates' signs on roadways. BRODIE THOMAS/METRO

 ELECTION 2015

Polling data to be shared with voters

Brodie Thomas
Metro | Calgary

Brian Singh believes it's time for a revolution in the way people

interact with the government, and he's trying to spearhead that change with a third-party election campaign.

His group, 1votematters, has the aim of electing progressive candidates in Calgary's federal ridings during the upcoming election. About 20 volunteers are putting signs up all over Calgary. Singh, a data scientist and strategist, was previously behind a similar campaign in

the provincial election called 1abvote.ca.

Singh's campaign is not about vote swapping, but rather grassroots organizing. He's noticed that with multiple left-of-centre parties, the progressive vote is often being split. That's where he hopes to come in.

"Our first task is to get people to share their ideas with others like themselves and decide their consensus candidate," he said.

Through a survey on the 1votematters website, Singh hopes to collect quality polling data and then to share that with voters to help them cast their vote strategically for the progressive candidate most likely to win.

Singh is interested in how social media has changed just about everything we do, and wants to apply that to politics as well.

Opera tells story of library's origin



Helen Pike
Metro | Calgary

If you haven't heard the tale of how Calgary came to have its very first public library there's a chance you may bump into the story in the stacks.

The Calgary Library with the help of the Cowtown Opera Company are putting on performances of Annie Davidson — the woman who fought all odds to bring an incredible community resource to the city.

"It's an exciting story, it's really of the people, not a lot of libraries were founded that way," said President and CEO Calgary Public Library Foundation Paul McIntyre Royston. "It was Annie Davidson, going around door-to-door, and



Sara Staples, playing Annie Davidson. COURTESY COWTOWN OPERA COMPANY

actually failing the first time because she needed men to sign (her) petition, she couldn't vote. So then she tried it again, and, with the Calgary women's Literary Club, succeeded."

The opera was written especially for the occasion and will be performed by local Alberta and Calgary talent.

Although information on any Davidson was sparse, Michelle Minke, founder and artistic director of the Cowtown Opera Company, said research about Calgary at the time, and other important figures, was quite extensive.

"We basically used all the facts, they're completely correct, but how we've made it relatable to Calgarians today is that we do almost a flashback within the time," Minke said.

DONORS

The opera was commissioned and funded by donors through the Calgary Public Library foundation and will debut Sept. 24 through 27 at Festival Hall in Inglewood. Pop-up performances will follow at various Library branches in October.

IN BRIEF

Police need public's help to find missing man

The Calgary Police Service is seeking public assistance in locating Bradley Edward Shaw, 27, who was last seen at approximately 8:30 p.m. on Sept. 2, in the 3000 block of 39 Street SW. Police say they're concerned for his welfare.

Shaw is described as white, 5-foot-10 tall with a slim build, brown hair and eyes, and a day's growth

beard. He was last wearing a dark grey or black down-filled bomber jacket, dark



Bradley Shaw
CONTRIBUTED

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grey or black cargo shorts, and two-toned white and black runners. Anyone with information is asked to

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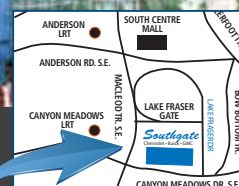
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Helping victims bear grief

CHARITY

Teddy event hands out a record 5,000 stuffed animals



Jennifer Friesen
For Metro

For the past eight years, Richelle Kozdial has been carrying around a fuzzy white teddy bear everywhere she goes.

On June 25, 2007, her eight-year-old son, Jacob, passed away in his sleep from an undiagnosed heart defect. Through tears, Kozdial recalls running up the stairs to find her ex-husband kneeling over Jacob's lifeless body.

"At that point, a very large and amazing police officer grabbed me and held me," she said. "The morning was a haze, but the police officers had called in the victim assistance team, who showed up with teddy bears."

Each year, the Calgary Police Service's (CPS) Victim Assistance Support Team gives thousands of

stuffed animals to children who have experienced trauma related to crime. On Wednesday, a record-breaking number of 5,000 teddy bears were presented to the CPS from the Girl Guides of Canada, Kids Help Phone and MaxWell Realty for the 15th annual Share Your Bear event.

"Stuffed animals in these situations, in situations of crisis, often take on the form of a security blanket," said LeeAnne Smith from the Girl Guides of Canada. "They provide comfort and help children, sometimes even adults, adapt and move through things they never thought possible."

The bears are collected all year at the MaxWell Realty office, and then each teddy bear is tagged by the Girl Guides of Canada with numbers for the Kid's Help Phone and CPS victim unit.

"These bears really do help children, but they also help adults," said Kozdial. "Grief is something you have to move through, and this is a nice helpful tool. It gave me a little comfort, and something to hold onto, because my arms were empty after."



Johnny Alain from MaxWell Realty, LeeAnne Smith from the Girl Guides of Canada, Richelle Kozdial, Sylvia Whitworth from Kids Help Phone and Sgt. Brent Hutt from the Calgary Police Service Victim Assistance Unit celebrated the donation of 5,000 stuffed animals. JENNIFER FRIESEN/FOR METRO

IN BRIEF

Encana says gas-well blowout still not capped
Workers in northwestern Alberta were still fighting Wednesday to control a blowout at a well that has been venting natural gas and small amounts of a toxic chemical.

A spokesman for well owner Encana said crews were opening a second route to the site, located 18 kilometres from the community of Fox Creek.

Jay Averill said that would give crews more room to work and let them onto the site more efficiently.

Averill said monitoring data showed low levels of poisonous hydrogen sulphide have been released since the well blew Monday, but they are well beneath those that would pose a health risk.

He says the well passes through a zone containing the toxin, but is intended to draw gas from a zone free of it.

The province's energy regulator says waterways or wildlife have not been affected.

THE CANADIAN PRESS



Learning Opportunities Ahead

Community Information Forum: Dr. Eric Smith presents

Gain a better understanding of Alzheimer's disease and related dementias. Dr. Eric Smith will lead an informative presentation and answer some questions from the audience. As a local expert on dementia, Dr. Smith is an Associate Professor of Neurology in the Department of Clinical Neurosciences at the University of Calgary and a member of the Hotchkiss Brain Institute. The Alzheimer Society of Calgary will also share information on the programs and services available to help you.

This is a fantastic opportunity for people looking to learn some excellent, introductory information about Alzheimer's disease or related dementias, or who may be searching for additional support, resources, hope and inspiration. There is no cost to attend but registration is required.

Saturday, September 26th 10 a.m. – 12 p.m.
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#MOREWAYS

Culture Days taking over

ENTERTAINMENT

Performers offer sneak peeks at Olympic Plaza



Jennifer Friesen
For Metro | Calgary

With Culture Days about to kick off in Calgary and across the country, Calgary Culture gave everyone gathered at Olympic Plaza a sneak peek of things to come.

Performers from Cowtown Opera and the Havana Cuban Dance Studio hit the concrete on Wednesday morning with hints of their weekend set, while the Glenbow Museum and Open Streets Calgary set up stations

for passersby. The not-for-profit initiative started up in 2008 with Alberta Culture Days, and Teresa Byrne, superintendent of Culture at the City of Calgary, said it hasn't slowed down since.

"Many people think that arts and culture isn't for them, but we all live creative lives very day in our own way," said Byrne.

"We want to open it up so people can get a taste of what they can do. We want people to

see that in how they live their lives, get a taste of it, so they can start to build upon that and make their lives better as they go forward."

Culture Days in Calgary will kick off with the Olympic Plaza and Stephen Avenue Block Party on Friday from 3:30 to 8 p.m., then continues to run all week-end across the city with workshops, dances, poetry readings and even duelling pianos.



Performers Marcos Ravelo and Gail Creed at Olympic Plaza on Wednesday. JENNIFER FRIESEN/FOR METRO

SOCIAL PROGRAMS

Province ups support for women's shelters

Alberta is bolstering programs that support women and children affected by family violence.

The province says it will improve services in emergency and second-stage shelters and hire 124 outreach workers and youth counselors.

The government says the cost of the changes will be \$15 million.

Human Services Minis-

ter Irfan Sabir says the new money will help ensure that woman and children affected by family violence are safe.

Last fall, the Alberta Council of Women's Shelters issued a report that said 8,427 women and 8,012 children were turned away from shelters due to lack of space.

The council represents 42 shelter organizations in the province.

THE CANADIAN PRESS

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EDUCATION

School board commits to transgender policy



Ryan Tumilty
Metro|Edmonton

Officials with the Edmonton Catholic School Board are now committing to pass a transgender policy that mirrors the one already in place in the city's public schools, after meeting Wednesday with Education Minister David Eggen.

Board chair Debbie Engel and

other trustees met with Eggen to discuss the need for action, after a board meeting last week on a proposed transgender policy descended into chaos.

Engel told reporters Wednesday Eggen made clear what he expects and that Edmonton Public's proven approach on transgender issues will now serve as a guide for the Catholic board to follow in building its own policy.

"The (Catholic board's) policy

will be very much like the policy that has been tried and true and in practice with Edmonton Public," she said.

Eggen made clear he was disappointed how the board meeting had been run, but he's confident the board is now heading in the right direction.

"The board is endeavoring to build a standalone policy that looks encouraging to me. I certainly will entrust them to build something that fits in with the

school act."

Before last week's tumultuous debate, board trustee Larry Kowalczyk suggested that being transgendered was akin to a "mental disorder."

Engel said she was unaware those comments had been made until well after the meeting.

She said the board rules typically aim to have trustees speak to media with one voice and Kowalczyk was definitely not speaking for the board.



An artist's conception of a retail area in the planned University District. SUPPLIED

'A firm view on the future'

UNIVERSITY DISTRICT

Development called one of Calgary's most exciting ever

The developer behind the planned University District development unveiled its branding and offered a sneak peak on Wednesday of what the community will look like.

The 200 acres of undeveloped land is located around the Alberta Children's Hospital and west of the University of Calgary.

The development will have a main street and a professional district surrounding the children's hospital, as well as north and south residential areas.

The developers are selling the project as "thoughtful urban design." They're promising a range of housing options, pedestrian oriented planning, green spaces and pathways, and a main street.

Council approved the name of the district in July as well as approving the street name concept which will feature the 13 Chancellors of the university

since its founding in 1967.

The build is expected to take 15 to 20 years and will house 15,000 residents.

The project is being spearheaded by the West Campus Development Trust, which is a not-for-profit subsidiary of the University of Calgary. Net revenue earned from the development will be directed back to the university.

"We see this as one of the most exciting real estate projects in Calgary's history," said West Development Trust president and CEO James Robertson, in a prepared release. "A neighborhood for changing values and changing times, with a firm view on the future."

A formal launch of the development phase is planned for Oct. 1. METRO

8.7M

Planners anticipate the district will have 8.7 million buildable square feet, including nine blocks of retail development and 40 acres of open space.

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VOTER PROFILE

Name: Melanie Hnatyshyn **Age:** 31 **Riding:** Calgary Centre
Her issues: Refugees, energy, education, Senate reform

Pondering change in Conservative country



ROSEMARY WESTWOOD
in Calgary

Melanie Hnatyshyn sits in the shadows of dozens of glassy downtown-Calgary highrises, in the financial heart of the oil industry, in a riding that's voted some shade of conservative blue for decades, and ponders change.

"I would say, yeah, I would say we need change. Sometimes just a new face, just maybe a new leader," she says, almost with a note of surprise.

Her tone is understandable, given the entrenched views of a city where, as she describes it, many inherit politics like they inherit family heirlooms.

Hnatyshyn (the "H" is silent) was born in Winnipeg and moved to Calgary for university. At 31, well into her career — she's a development engineer for a major energy company — and despite Calgary's progressive mayor, Naheed Nenshi, Hnatyshyn says some of her friends are wary of discussing alternate political views in a culture attached to the idea that federal right-wing politics are best for business.

"They feel like they can't maybe openly discuss things with the typical person in

Calgary. That Conservative majority is just so prevalent."

Hnatyshyn hasn't decided who to vote for, or whether she's willing to vote strategically, but she has a shortlist of issues she's watching.

The first is the refugee crisis. She's heard how many Syrians the various leaders propose to bring in, but wants more detail on the plans, and fuller explanation of the Conservatives' response thus far. "If it's driven by economics and budget, it'd be nice if they explained that," she says.

A pragmatist and self-identified planner, Hnatyshyn's also looking for a party with a well-rounded vision for the future of the energy industry — one that offers more stability. "In the U.S., they're not as affected by the low oil prices as we are in Canada. They're trying to be energy independent and have a long-term view and have secure jobs, whereas Canada seems to be at the whim of the fluctuations of oil and gas market prices."

She'd also like politicians to tackle the imbalance between university costs and employment prospects. She'd like to see a strategic, and once again, long-term look at education and how to

better funnel young people into paths that offer prospects, instead of joblessness or low-skilled work.

She mentions, finally, the tangled issue of Senate reform. She watched spokespeople for the three major parties discuss the subject on the news the other day.

"It seemed like all of them wanted to do something about reforming the Senate, but no one was holding themselves to any promises. You feel like if nobody's going to take a stand on the Senate, what does that say about all the parties? Politics on top of politics."

Aside from what each party is saying they'll do, Hnatyshyn is also trying to figure out how much she can trust politicians to deliver. She wonders about the Conservatives' about-face on fast-tracking Syrian refugees. But it's also informing her voting strategy. "Keep your mind open, because I don't know, maybe some of the parties will be more flexible depending on what they think people want to hear, right up until the election."

Rosemary Westwood is travelling across the country talking to young voters. Tomorrow she's in Edmonton.

Arts 'ignored' on economic stage

POLICY

Funding cuts prevail despite surge in GDP



Stephanie Taylor
Metro | Halifax

A familiar cloud of disappointment settles in for George Pothitos in what's shaping up to be yet another federal election with little mention of the arts on Canada's economic stage.

While the prime ministerial hopefuls travel the country, shaking hands and promising new economic growth, the award-winning artistic director of Neptune Theatre in Halifax busies himself with the latest production of the classic, *Great Expectations*.

But when the soft-spoken Pothitos sits down to discuss what's at stake when funding for the arts is largely ignored from the policy agenda, he pleads a business case, not a poem.

"We're not some handout," he says.

"The perception that it's charity has to cease. We have to look at (arts) as an investment."

In the past nine years, Pothitos says, the theatre's funding from the Canada Council for the Arts has been cut as the pool of money remains stagnant.

Arts and culture funding briefly flared up as an election issue in 2008 in response to the Conservatives having made nearly \$45 million in cuts.



Performers appear on stage at Halifax's Neptune Theatre.

JEFF HARPER/METRO FILE

Pothitos believes that's ironic, considering the \$7.37 million the theatre and its patrons — who dined at nearby restaurants, bars, and doled out cash at other businesses — pumped into Nova Scotia's economy during the 2013-14 season, according to the theatre's latest economic-impact study.



Sometimes giving money to the CBC and to Canada Council isn't quite enough.

George Pothitos

Another report, by the Canadian Arts Coalition, claims the arts sector was responsible for \$48 billion dollars' worth of GDP in 2010, and employed 650,000 people across the country — just under four per cent of the country's total employment.

"It's typical to see the arts

more or less ignored, for some reason," explains Jeff MacLeod, a professor of political studies at Mount Saint Vincent University.

Leaders of all political stripes "don't embrace (arts), they don't see it reflected in the population or the electorate, he says, "so there's no political gain; therefore, it dies from policy neglect."

Earlier this week, Liberal leader Justin Trudeau announced that investment in the Canada Council for the Arts would double to \$360 million per year under a Liberal government, with \$150 million extra invested in CBC/Radio Canada.

But, Pothitos says, "sometimes giving money to the CBC and to Canada Council isn't quite enough."

MacLeod agrees, explaining that a truly healthy arts policy would devise ways to nurture a base of creative minds. One idea he offers is a national strategy to hire art teachers in schools.

The risk, he warns, is a loss of Canadian culture itself.

BY THE NUMBERS

What art means to the economy

\$36,300
Average Canadian Income

VS



\$22,700
Average Canadian arts-worker income

10 MILLION

Canadians visited galleries and museums in 2010

60% of Canadians attended a live music event, theatre performance or cultural festival in 2010

\$153.7 MILLION

in grants was doled out by the Canada Council for the Arts to artists and organizations across the country in 2013-2014

Canadians spent



\$1.4 BILLION
on live performing arts

VS

\$600 MILLION
on live sporting events



SOURCES:
CANADA COUNCIL FOR THE ARTS
HILLS STRATEGIES RESEARCH INC.

Fahmy finally freed

EGYPT

Imprisoned Canadian granted pardon

Nearly two years after his arrest in Egypt on widely denounced terrorism charges, Canadian journalist Mohamed Fahmy walked out of prison a free man on Wednesday, following a presidential pardon.

Fahmy and his colleague and co-accused Baher Mohamed were among 100 people — including dozens of prominent human rights activists — pardoned by President Abdel-Fattah el-Sissi.

"I am free! This time for real! Cops dropped me at CAC my old high school in my prison garb. Party Time! #FreeAJStaff" Fahmy tweeted moments after his release.

Speaking later to reporters, Fahmy said he still "can't believe it."

"We have not digested the fact that we are free; we don't have to worry about anything else," he said. "Our families have suffered so much since the beginning of this trial and we're very happy that el-Sissi took this action and released us."

His wife, Marwa Omara, said she was visiting Fahmy in prison when she learned the news of his pardon from a TV set that was on.

"I was scared for his health



Journalist Mohamed Fahmy hugs his wife Marwa Omara after being released in Cairo, Egypt, Wednesday. AMR NABIL/THE ASSOCIATED PRESS

from too much joy," she said, adding that the first thing they plan to do is have a large wedding party to celebrate their recent marriage.

Fahmy's lawyer said she was delighted that the journalist was finally free.

"It has been a long ordeal, and we are grateful to President Sissi for exercising his power to pardon the two journalists," Amal Clooney

said in a statement.

"This is a historic day in Egypt where the government has finally corrected a long-standing injustice, and set two innocent men free."

Foreign Affairs Minister Rob Nicholson said he was pleased to hear about Fahmy's release from prison.

An emailed statement from the Egyptian president's office said the pardons were given

to people "who have received final prison verdicts in cases related to breaking a protest law or infringing on the police forces' actions, in addition to a number of health-related and humanitarian cases."

The pardon also came a day before el-Sissi is to travel to New York to attend the United Nations General Assembly.

THE CANADIAN PRESS/WITH FILES FROM THE ASSOCIATED PRESS

ELECTION 2015

Mulcair clarifies his stance on niqabs

NDP Leader Tom Mulcair is urging tolerance and a calmer discussion about face coverings when applying for Canadian citizenship.

In a speech Wednesday, he said he backs a requirement that women show their faces at some point in the citizenship process — but not at the citizenship ceremony, as the Conservatives would hope.

"I understand that many view the niqab as a symbol of the oppression of women.

"And on that, let me be clear: No one has the right to tell a woman what she must — or must not — wear," Mulcair said.

"I am in agreement with the existing rule under which anyone seeking citizenship must uncover their face to identify themselves before swearing the oath, in accordance with their religious beliefs."

The Conservatives want women to be required to show their faces not only at a point during the process of applying for citizenship, but also during the citizenship ceremony itself.

The federal government is fighting a court ruling that threw out the requirement for uncovered faces at citizenship ceremonies.

Mulcair's speech comes a day before a leaders' debate in Montreal and was organized at the last minute in a bid to clarify the NDP position on the

66

No one has the right to tell a woman what she must — or must not — wear.

NDP Leader Tom Mulcair

veil. The issue is particularly controversial in Quebec, the NDP's main support base.

The federal government is fighting a court ruling that threw out the requirement for uncovered faces at citizenship ceremonies. The government is seeking to take that Federal Court of Appeal decision to the Supreme Court of Canada and wants the decision stayed while it appeals.

Earlier Wednesday, Mulcair was also asked whether he would support a Conservative minority government.

"There isn't a snowball's chance in hell," he said.

"There's no likelihood that the NDP would ever, under any circumstances, be able to support Mr. Harper."

That echoed a pledge from Liberal Leader Justin Trudeau, who said Tuesday there are "no circumstances" in which he would support Harper staying on as prime minister with a minority. THE CANADIAN PRESS

Teaching position awaits at UBC



Thandi Fletcher
Metro | Vancouver

When Canadian journalist Mohamed Fahmy returns to Canada, he will take up a position as an adjunct professor at

the University of British Columbia, the school announced Wednesday.

"We look forward to welcoming him to UBC's Vancouver campus this fall," interim president Martha Piper said in a news release Wednesday. "Mohamed's resiliency during

this ordeal is an inspiration to us all."

Fahmy will share his experiences with students on the state of the Middle East as a journalist-in-residence at the university's Global Reporting Centre. He will also be a visiting fellow at the W. Maurice Young Centre

for Applied Ethics.

He is writing a book about his experiences.

While it's unclear when Fahmy will return to Canada, Joanna Gislason, his lawyer in Vancouver, said her client is eager to get back on home soil.

WITH FILES FROM THE CANADIAN PRESS

WHERE THE LEADERS ARE THURSDAY



● Conservative Leader Stephen Harper, NDP Leader Tom Mulcair, Liberal Leader Justin Trudeau and Green Leader Elizabeth May will all be in Montreal to participate in the French-language leaders' debate. Bloc Québécois Leader Gilles Duceppe will also be taking part.



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Clinton seeks climate-change pact

PRESIDENTIAL RACE

Proposal for U.S., Canada and Mexico an aggressive one

Hillary Clinton has released a policy paper that calls for a wide-ranging, co-ordinated Canada-U.S.-Mexico climate-

change plan one day after announcing her opposition to the Keystone XL pipeline.

The position paper from the presidential contender added a new wrinkle Wednesday to an issue that has already inserted itself in two national elections.

Clinton wants to follow up her opposition to Keystone with a more ambitious climate program that includes immediately launching negotiations

toward what she's called the North American Climate Compact.

It's a significantly more aggressive plan than the current continental working group on climate change, which aims to upgrade infrastructure but does not set out firm greenhouse-gas targets.

"Building a clean, secure and affordable North American energy future is bigger

than Keystone XL or any other single project. That's what I will focus on as president," said the Clinton paper.

Clinton says she would seek strong national targets to cut carbon pollution; ensure all three countries demonstrate a commitment to climate action; and create accountability measures to make sure each country respects its commitments. THE CANADIAN PRESS



Hillary Clinton speaks during a forum on health care in Des Moines, Iowa, on Tuesday. CHARLIE NEIBERGALL/THE ASSOCIATED PRESS

COURTS

Would-be terrorists get life for VIA plot

Two men found guilty of terrorism charges after plotting to derail a passenger train were sentenced to life in prison Wednesday, as a Toronto judge found neither of them had expressed remorse for their offences.

Raed Jaser and Chiheb Esseghaier were found guilty in March on a total of eight charges.

Justice Michael Code found both men have not renounced their extremist beliefs, have not accepted responsibility for their offences and present questionable prospects for rehabilitation.

"I am satisfied that life imprisonment is the appropriate sentence," he said, noting the men would receive credit for time already spent in custody.

Jaser shook his head, closed his eyes at one point and held his face in one hand. Esseghaier appeared nonchalant, crossing his arms and leaning back in the prisoner's box as Code read out his 53-page sentencing decision.

"The life sentence doesn't have any meaning for me," the self-represented Esseghaier told Code.

Crown lawyers had asked for life sentences for both men and expressed their satisfaction.

"There was one message that was made loud and clear today," said Crown prosecutor Croft Michaelson. "That message is if you commit terrorist offences in Canada, with the intention of causing indiscriminate kill-

ing, you're going to pay a very heavy price."

Jaser's lawyer said he was disappointed with the outcome and already had instructions to appeal both Jaser's conviction and sentence.

"We do view it as excessive," John Norris said of the sentence, adding that Jaser was "somewhat stunned" by Wednesday's developments.

"He is a resilient man. He is trying to remain positive."

Jaser's lawyer had asked for a sentence of 5-1/2 years and argued mitigating factors in his client's case included entrapment, segregation during pre-trial custody and drug addiction. Code rejected those arguments in delivering his sentence.

"He has not yet accepted responsibility for the offences, not yet expressed remorse, not yet renounced his violent and racist beliefs," said Code.

In Esseghaier's case, a court-appointed lawyer who was ordered to assist the Tunisian national had asked Code to postpone sentencing until it could be determined if Esseghaier could be hospitalized and treated for a mental illness.

Code refused and said there was "no causal link" between Esseghaier's current mental state and his behaviour at the time of the offences.

"It is unprecedented to adjourn a sentencing hearing indefinitely to await treatment," Code said. THE CANADIAN PRESS

2023

The year both men become eligible for parole.



My overall impressions of Mr. Jaser are that he is intelligent, devious and untrustworthy.

Justice Michael Code



The evidence is overwhelming that Esseghaier was not delusional or psychotic at the time of the offence.

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EU chief urges end to 'chaos'

REFUGEE CRISIS

Squabbling nations told to co-operate, secure borders

European Union President Donald Tusk urged divided EU nations to set aside their differences and work together to secure the bloc's borders as Europe struggles with its biggest refugee emergency in decades.

About half a million people have fled to Europe so far this year in search of sanctuary or jobs. As numbers swell, nations have tightened border security. Hungary has a razor-wire fence along its border with Serbia.

Countries in eastern Europe with little recent experience of migration are trading barbs over who is to blame, while Balkans neighbours Serbia and Croatia — who were at war

“The current ‘migration policy’ is a sum of despair of the victims fleeing war and persecution ... of the cynicism of the smuggler.”

European Union President Donald Tusk

in the early 1990s — issued threats and ultimatums.

“We must prepare a concrete plan, which must finally appear in place of the arguments and the chaos we have witnessed in the last weeks,” Tusk told reporters before chairing the summit.

“The most urgent question we should ask ourselves tonight is how to regain control of our external borders. Other-

wise it does not make sense to even speak of a common European migration policy.”

As the leaders headed to Brussels, a further 5,000 migrants were converging on the Austrian border with Hungary, police said.

Serbia, meanwhile, gave EU member Croatia an ultimatum to reopen its border for all cargo transport by midnight Wednesday or face unspecified retaliation.

Among the outstanding issues that Tusk, the summit's official host, wants addressed is increasing assistance to EU member nations that are receiving the brunt of the refugee influx, and improving co-operation with non-EU countries in the Balkans and Turkey, which is now home to almost two million migrants — many of whom have fled Syria's civil war.

Tusk also wants to discuss diplomatic efforts to end the Syria conflict. THE ASSOCIATED PRESS



People arrive on the Greek island of Lesbos during rainfall Wednesday, after crossing the Aegean Sea from Turkey on an inflatable dinghy. PETROS GIANNAKOURIS/THE ASSOCIATED PRESS

IN BRIEF

Cholera outbreak in Iraq

War-weary Iraq is struggling with a growing cholera outbreak.

As of Tuesday, at least 54 cases had been confirmed in Baghdad, as well as in the southern provinces of Najaf, Diwaniyah, Babil and Samawah, a Health Ministry spokesman said.

The cause lies partially with Iraq's antiquated and badly maintained water and sewage systems.

THE ASSOCIATED PRESS

UN Ebola response to continue into 2016

The United Nations says it's now planning for Ebola response activities to last into 2016, suggesting the battle against the virus won't be over by year-end after all.

In a report released Wednesday by the World Health Organization and its humanitarian partners, health officials said there are plans for the Ebola response to continue until midyear 2016.

The report comes as Sierra Leone and Guinea struggle with a resurgence of cases. THE ASSOCIATED PRESS

MIDDLE EAST

Syrian rebels fear defection

U.S.-trained rebels who recently returned to Syria said Wednesday they have lost contact with one of their officers and that they are investigating reports that he defected and handed over his weapons to al-Qaida's branch in the country.

The U.S. military said it had no indication that any U.S.-trained fighters have defected.

The allegations come only days after the group of about 70 rebels returned to Syria after training in Turkey as part of the U.S. program to equip rebels to

take part in the fight against the Islamic State group.

Defection among the ranks of U.S.-trained rebels would be an embarrassment to the program, which has already been criticized as offering too little too late. THE ASSOCIATED PRESS

SKY WATCH

Moon to put on a rare double

Get ready for a rare double feature this weekend, starring our very own moon.

A total lunar eclipse will share the stage with a so-called supermoon Sunday night or early Monday, depending where you are. That combin-

ation hasn't been seen since 1982 and won't happen again until 2033.

When a full or new moon makes its closest approach to Earth, that's a supermoon. Although still about 220,000 miles away, this full moon will

look bigger and brighter than usual.

The full eclipse of the moon will last more than an hour and be visible, weather permitting, from North and South America, Europe, Africa and western Asia. THE ASSOCIATED PRESS

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Rape-kit bag left in doorway

PATRICK KANE CASE

Lawyer for accuser alleges evidence tampering

The lawyer for a woman alleging she was sexually assaulted by Chicago Blackhawks forward Patrick Kane said Wednesday that an empty evidence bag was improperly left in the doorway of the woman's mother's home.

Thomas Eoannou said the bag at one point contained the rape kit used when the woman reported that she had been assaulted.

"Something seriously has gone amiss," Eoannou said.

Eoannou said the mother made the bizarre discovery when she came home from work for lunch on Tuesday afternoon. She found the bag folded up between a storm



Chicago Blackhawks forward Patrick Kane

JOE RAYMOND/THE ASSOCIATED PRESS

door and her front door, he said. "It could have been there a day and a half," he said, because the woman used the back door when she left for work that morning.

He said the bag is authentic, labelled with personal identifying information for the woman, details on where the rape kit was used and the initials of the nurses who administered the kit.

"I have never seen an evidence bag outside of a police lab, a prosecutor's office or a court room, let alone find one in a doorway of a rape victim's mother's home," he said.

Eoannou said he wants the FBI or state police to probe how the bag left the custody of investigators. It's not clear how the bag got to the mother's home or what effect it may have on the investigation, he said.

"We're hoping to find out how this happened and who had the incentive to modify or tamper with the evidence," he said. Eoannou said he hoped the person who delivered the bag would come forward.

Police have been investigating since the alleged Aug. 2 incident at Kane's off-season home in suburban Buffalo. Kane has not been charged.

Kane did not travel to Detroit with the rest of his team on Wednesday.

THE ASSOCIATED PRESS



Lawyer Thomas Eoannou holds up, at a news conference on Wednesday in Buffalo, N.Y., what he says is an empty evidence bag left improperly at a home. GARY WIEPERT/THE ASSOCIATED PRESS

DATA BREACH

U.S. thinks hackers are from China

The number of people applying for or receiving security clearances whose fingerprint images were stolen in one of the worst U.S. government data breaches is now believed to be 5.6 million, not 1.1 million as first thought, the Office of Personnel Management announced Wednesday.

The agency was the victim of what the U.S. believes was a Chinese espionage operation that affected an estimated 21.5 million current and former federal employees or job applicants. The theft could give Chinese intelligence a huge leg up in recruiting informants inside the U.S. government, experts believe. It also could help the Chinese identify U.S. spies abroad, according to American officials. The White House has said it's going to discuss cybersecurity with Chinese President Xi Jinping when he visits President Barack Obama later this week.

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Carl Holst, Sales Manager at Stampede Toyota, just announced plans to hold a Used Vehicle Spring Clear Out Sale with savings up to 50% off every Used Vehicle in stock Taking Place Saturday! September 26th, 2015.

According to Mr. Holst, increased sales from the last few months have resulted in an overstock of trade-ins. "In the last three months our sales have increased at a higher than expected rate", Holst said. "Now, we have too many cars and trucks on our used lot and must reduce this to a more manageable number.

During this Used Vehicle Clear Out Sale every used car and truck will be sold with discounts from 10% up to 50% off the original asking price. Our customers will find these prices thousands of dollars lower than our competition and even lower than the auctions." Mr. Holst Said. Auction bidding often inflates the true value of a car so you pay more. Here every car and truck is on sale up to 50% off, first come first served and no bidding.

It's the perfect opportunity to get a good quality used car

at the lowest price in the city. All cars are on display at Stampede Toyota on Barlow Trail, 2 blocks north of the Trans Canada Highway. This Sale is one day only, doors opening at 8:30 am. Those who arrive early will get the best selection.

Prices will be posted on the windshields and customers will be given the opportunity to purchase the vehicle

One of Calgary's largest import dealers is overstocked and is forced to sell used cars and trucks for as low as 50% OFF Saturday, September 26th, 2015, during a one-day sale event.

at these amazingly reduced sale prices. This unheard of approach to selling used vehicles will make it easy and quick for anybody in the market for a good used vehicle to get a great car or truck at a very low price with no hassle or the need for endless haggling.

"Wholesale buyers will be represented to take trade-ins during the sale," Mr. Holst said.

"We also have four business managers who will help buyers arrange affordable financing options."

We've got over \$10 Million Dollars in inventory to choose from. Our total Inventory will be close to 400 new and used cars and trucks to choose from. We want to remind everyone again that this is a oneday sale only. When their inventory has been reduced, they will remove the sale prices and return to normal operations.

"Since we are a local business we would like to give back to the community we are in," Mr. Holst said. "We would rather allow local people to buy these overstocked vehicles than have to wholesale them at an auction."

All cars will be clearly marked with discounts from 10% up to 50% for the entire day. Be sure to get down there early for best selection and take advantage of this opportunity to get the vehicle you have been waiting for, at the price you have been waiting for.

Due to the volume of sales during this event, please no telephone inquiries.



Ratu with her first child at Way Kambas National Park in Indonesia. THE ASSOCIATED PRESS FILE

Sumatran rhino expecting 2nd calf

CONSERVATION

Species is threatened by poaching, loss of habitat

A Sumatran rhinoceros is pregnant with her second calf at an Indonesian sanctuary in the original habitat of the highly endangered species, a government conservation official said Wednesday.

Bambang Dahono Adji, director of biodiversity conservation at Indonesia's Ministry of Environment and Forestry, said the mother, Ratu, is expected to give birth next May at the Way Kambas National Park in southern Sumatra.

Sumatran rhino pregnancies last about 16 months, and the babies weigh up to 27 kilograms. Ultrasound images indicate

Ratu's pregnancy is progressing normally.

"This proves capabilities of our own experts at Way Kambas," Dahono said. "Malaysia's announcement of the extinction of Sumatran rhinos there made Indonesia's efforts to save the rhino very important now."

Now 12 years old, Ratu was born in the wild and wandered out of the rainforest in 2005. Her first calf, a male named Andatu born in 2012, was the first Sumatran rhino born in an Asian breeding facility in more than 140 years.

The father of both calves is Andalas, who was born at the Cincinnati Zoo, later sent to the Los Angeles Zoo and then moved to Indonesia in 2007 for mating.

Andalas' brother, Harapan, lives at the Cincinnati Zoo, is the only Sumatran rhino abroad and is expected to be moved to Indonesia in October. Their sister Suci was believed to have died

there because her diet at the zoo contained too much iron.

"We are proudly announcing the pregnancy of Ratu at the Sumatra Rhone Sanctuary coinciding with the celebration of World Rhino Day," said Environment Minister Siti Nurbaya Bakar in a statement. World Rhino Day was Tuesday.

She added that "the pregnancy represents decades of international collaboration to save this endangered species."

Susie Ellis, executive director of the International Rhino Foundation, noted that the pregnancy comes at a critical time for the species, which has no more than 100 animals left in the wild.

"One birth doesn't save a species, but it's one more Sumatran rhino on Earth," said Ellis.

The species is seriously threatened by loss of habitat and poaching for their horns.

THE ASSOCIATED PRESS

SHOW DOGS

Settlement reached on neutering

A dog owner has reached a legal settlement with a breeder whom he accused of vengefully neutering his champion bichon frise without permission, the two sides said Wednesday.

John Wangness sued Vickie Halstead — from whom he had originally bought the dog, Beau Lemon — for more than \$50,000 in damages and ownership of eight vials of frozen semen that he said Halstead got from the dog before she neutered it. Both Halstead and an attorney for Wangness, Larry Leventhal, said they couldn't discuss the terms of the

“It was definitely not out of vengefulness.”
Vickie Halstead

settlement due to a confidentiality agreement.

In his lawsuit, Wangness said Halstead asked to use the dog for breeding in June 2013 but that she instead neutered it.

Leventhal said she was angry that Wangness had allowed an

other breeder to try to use the dog for breeding.

In an affidavit, Halstead claimed that her contract to breed Beau Lemon didn't restrict her from neutering him and that she did so because she was concerned about his health.

Leventhal disputed that contention.

"She claimed Beau was in ill health. But he was examined by his veterinarian not long before she had him neutered ... and the doctor found him to be in excellent health," he said.

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Eight suspects held over Bangkok blast

MALAYSIA

Man in footage seen leaving bag not among the arrests

Eight people, including four believed to be ethnic Uighurs, have been detained in Malaysia for questioning in connection with last month's bombing of a shrine in Bangkok that killed 20 people, a senior official said Wednesday.

National deputy police chief Noor Rashid Ibrahim said they were detained in the past week in Kuala Lumpur as well as in northeastern Kelantan state.

Uighurs are an ethnic minority in China and complain of oppression by the government. Some Uighurs have been involved in a separatist movement in the Chinese region of Xinjiang where most of them live.

Thailand has suggested that those behind the Aug. 17 blast at the Erawan Shrine — popular among Chinese tourists — may have been from a gang involved in smuggling Uighurs from Xinjiang. Others speculate they may be separatists or Islamist extremists angry that Thailand repatriated more than 100 Uighurs to China in July.

Noor Rashid said four of the eight arrested were Malaysians involved in human trafficking, while another four were believed to be Uighur men who entered the country illegally, he said. While there is no evidence they were directly involved in the bombing they are being investigated to see if they had any role in other activities surrounding the blast.



Police Deputy Insp. Gen. Noor Rashid Ibrahim speaks at news conference in Kuala Lumpur. JOSHUA PAUL/THE ASSOCIATED PRESS

"Right now, there is no concrete evidence to show that they are directly involved," Noor Rashid told reporters. He said Thailand will need to provide basic proof of their involvement in the bombing if it wants to extradite the suspects.

Noor Rashid initially said the Uighurs had no documents on them and that their only offence was entering Malaysia illegally from Thailand. However, he later said they had passports but it was unclear if they were genuine. He didn't give further details.

Thai authorities have arrested two suspects they say were linked to the bombing, but believe the actual bomber and the mastermind of the plot

have fled the country.

In Bangkok, Thailand's national police spokesman, Prawut Thavornsiri, said the person who placed the bomb at the shrine — he was seen in a security video leaving a backpack under a bench — is not among those arrested in Malaysia. "This is not our wanted person," he said.

Prawut also said that an arrest warrant has been issued for the 14th person alleged to be involved in the bombing. He said the suspect purchased some substance from a chemical shop and brought it to an apartment where police subsequently found bomb-making material and fake passports.

THE ASSOCIATED PRESS

MASSACHUSETTS

Teen who encouraged suicide should face charges: Judge

A juvenile court judge ruled that an 18-year-old teenager accused of encouraging her boyfriend to kill himself should face an involuntary manslaughter charge, denying a motion to dismiss the charge.

Michelle Carter is accused of sending 18-year-old Conrad Roy III dozens of text messages in 2014 encouraging him to kill himself.

Roy's body was found in his pickup in Fairhaven, Massachusetts on July 13, 2014. He died of carbon monoxide poisoning

and police found a gasoline-operated water pump in the back seat.

In her ruling on Tuesday, Judge Bettina Borders cited records that prosecutors say show Carter, then 17, was on the phone with Roy for about 45 minutes while he was inhaling carbon monoxide, heard him moaning and did not call police. She also cited text messages Carter allegedly sent to her friend in which she said she told Roy to get back in his truck when he became afraid.

"The Grand Jury could find probable cause that her failure to act within the 45 minutes, as well as her instruction to the victim to get back into the truck after he got out of the truck, caused the victim's death," the judge wrote.

Carter's lawyer, Joseph Cataldo, said he plans to appeal the decision. Cataldo has said that earlier text messages sent by Carter show she tried repeatedly to get Roy to seek help.

THE ASSOCIATED PRESS



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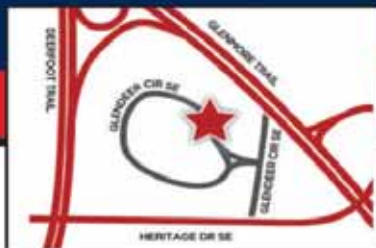
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Business | metro NEWS

Ad blockers hit revenues

INTERNET

Websites worry commercials could vanish like pop-ups

When you visit a website, you often find yourself waiting and waiting for advertisements to load. It doesn't have to be this way. There are easy ways to block such annoyances, and Apple is now permitting apps that block ads in its Web browser for iPhones and iPads.

All this might help users navigate, but it also threatens the livelihood of websites and publishers that depend heavily on advertising revenue — companies like Google, Hulu and The New York Times. While the

rise in ad blocking isn't causing panic yet, publishers and content creators are watching.

Already, some websites are taking steps to reduce the annoyance so users won't turn to ad blockers.

"It is possible to be too alarmist about ad blockers, but it's a very real phenomenon," said Joshua Benton, director of the Nieman Journalism Lab at Harvard University.

It's one thing if just five per cent of iPhone users install an ad blocker; it's another if 80 per cent do, Benton said. If today's ad practices get too annoying, he said, they could disappear just like pop-up windows, which many browsers now block automatically in response to consumers' annoyance with them.

PageFair, a firm that seeks



Programs that block advertisements in browsers are threatening the livelihood of those that depend heavily on advertising revenue. THE ASSOCIATED PRESS FILE

to counter ad blockers, says worldwide usage of ad blockers grew 41 per cent from last year to nearly 200 million people.

That's six per cent of Internet users worldwide, including 16 per cent in the U.S., 37 per cent in Greece and 25 per cent in

Germany. PageFair estimates these tools will block nearly \$22 billion US in ad revenue this year and \$41 billion US next year.

The threats to websites are about to get bigger. The ability to block ads, long available on traditional computers, arrived on Apple's mobile devices with a recent software update, iOS 9.

Google's Android system also allows ad blockers in Web browsers such as Firefox, as long as they don't affect unrelated apps.

Many websites have countermeasures for ad blockers. Hulu, for instance, simply replaces commercials with an unskippable message. Some companies are paying developers of ad blockers such as Adblock Plus for the right to bypass them.

THE ASSOCIATED PRESS

COPYRIGHT LAW

Birthday song free for all

The music publishing company that has been collecting royalties on the song Happy Birthday To You for years does not hold a valid copyright on the lyrics to the tune that is one of the mostly widely sung in the world, a U.S. judge ruled.

U.S. District Judge George H. King determined the song's original copyright, obtained by the Clayton F. Summy Co. from the song's writers, covered only the tune's musical arrangement and not the lyrics.

King's decision comes in a lawsuit filed two years ago by Good Morning To You Productions Corp., which challenged the copyright now held by Warner/Chappell Music Inc., arguing that the song should be "dedicated to public use and in the public domain."

"Because Summy Co. never acquired the rights to the 'Happy Birthday' lyrics, defendants, as Summy Co.'s purported successors-in-interest, do not own a valid copyright," King concluded.

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CEO decides to go

Volkswagen CEO Martin Winterkorn stepped down Wednesday over a scandal in which the German carmaker admitted to rigging its diesel cars' emissions to pass U.S. tests. In a statement, Winterkorn said he took responsibility for the "irregularities" found in diesel engines but that he was "not aware of any wrongdoing on my part." No replacement was announced, and VW still has no easy exit from a scandal that has suddenly dented a reputation for trustworthiness that took decades to build. The smog-test trickery has wiped out billions in VW's market value and raised the spectre of criminal investigations and billions more in fines.

THE ASSOCIATED PRESS

AUTOMOTIVE

VW scandal could spell end of diesel

Over the past 20 years, diesel's image has experienced an extreme makeover, going from the dirty, industry fuel used to power polluting trucks and buses to a potential short-term solution to preserving current oil supplies without compromising on performance, driving dynamics and crucially, air pollution.

But that was before the current situation at Volkswagen — which is accused of using software to cheat on U.S. emissions tests on its TDI diesel powerplants — became front-page news around the world.

Although diesel is a niche market in the U.S., accounting for just two per cent of new car sales, VW was the biggest player and its cars were developing a loyal, environmentally conscious following.

VW and the current system of emissions certification will be investigated by the U.S. Congress's Oversight and Investigations Subcommittee.

Diesel is more efficient than gasoline — it has a higher energy content per litre and more of that energy is converted successfully during combustion resulting in 20 per cent less CO2 emissions than an equivalent gasoline car. However, diesels emit more NOx (Nitrogen Oxide).

The Clean Air Act in the U.S. and the new Euro 6 standard in the EU are meant to tackle that issue by ensuring new cars emit NOx levels almost on a par with gasoline, but if U.S. testers can be tricked, how can European consumers be sure that they're not being greenwashed, too? AFP

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Relative risk: The 12 reported deaths worldwide during attempted selfies — with a bear, with a live grenade, on a moving train — outnumber fatal shark attacks (8) so far this year.

CHANTAL HÉBERT: ON THE LEADERS' FACEOFF IN FRENCH



“ Thomas Mulcair has more to lose than gain in Thursday's debate ... a commanding lead in Quebec is mostly what has kept the New Democrats in the game.

With his party's competitive position in national voting intentions hanging by a Quebec thread, NDP Leader Thomas Mulcair has more to lose than to gain in Thursday's French-language debate.

Since the campaign began, a commanding lead in Quebec is mostly what has kept the New Democrats in the game. But the status of front-runner comes at a price, and Mulcair will spend the first French-language debate of the campaign on the hot seat.

He absolutely needs to keep alive the prospect of a second Quebec orange wave. Absent a strong showing in the province's polls, the NDP's carefully constructed bid for power could crumble like a house of cards.

The party's narrative hangs on the notion that the New Democrats are best placed to beat the Conservatives next month. On the way to this week's French-language debate, that contention has been sorely tested.

If all had gone according to plan for the NDP, Justin Trudeau would no longer be a realistic contender for prime minister. With the Liberals lagging too far behind to have a shot at winning the election and the help of a cautious platform there would be an NDP wave in the making in Ontario.

So far, neither has happened.

Eight weeks and two English-language debates later — including one on the central issue of the economy — the Liberal leader is still standing and his party has gained more ground in public opinion, in particular in

Ontario, than the NDP.

At this juncture, a slide in NDP support in Quebec could lead to a hemorrhage of support in other regions of the country as non-conservative voters coalesce behind the stronger opposition option.

Until this week, the main liability Mulcair was expected to take in the French-language debate was his support for the Energy East pipeline. That stance pits him against Green Party Leader Elizabeth May and Bloc Québécois Leader Gilles Duceppe, and it does not play well with Quebec's environmental activists.

But now the NDP leader is coming to the debate with a much larger target on his back.

In Quebec, the debate over whether Muslim women should be required to uncover their faces to

take the oath of citizenship has given a moribund Bloc campaign a bit of a kiss of life.

Support for a veil ban runs high in Quebec. In the national assembly, a Liberal move to ban face coverings for public servants and for anyone using provincial government services enjoys multi-party support.

The NDP is not alone in opposing a niqab ban. So do the Liberals. But because the Bloc and the New Democrats fish in the same nationalist pool of francophone voters, Duceppe's attacks have focused on Mulcair.

Anecdotal and recent polling evidence suggest they are taking a toll.

At this juncture, the NDP's best hope of riding out the niqab controversy would be for the election conversation to move on to other topics. But with not

one but two French-language debates on the agenda of the next two weeks and with the help of Bloc and Conservative ads, the niqab issue could be on the Quebec radar to stay.

A good debate for Duceppe on Thursday would be good news for Harper and Trudeau.

Every vote that the Bloc takes back from the NDP helps the Liberals and the Conservatives in their own local battles against the New Democrat tide.

The NDP has owned Quebec since the beginning of the campaign, but that could still change. Past history shows that the debates tend to focus Quebecers on their election choices — sometimes with unexpected results.

When he arrived on the set of the French-language debate in the last election, Duceppe had cause to believe he was bulletproof. His party was sitting on its usual comfortable lead. As the only Quebec leader on the set, he had the home advantage.

So widespread were those assumptions that those who covered the 2011 French-language debate did not come away with the impression that it had been a watershed moment.

A few days later, the NDP jumped in the lead in Quebec, and never looked back.

This year, the roles are reversed, with Mulcair the leader to beat and Duceppe the one to watch.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

metroview

If you can make meet-the-teacher night, great. No? Don't panic.



Catherine Little
For Metro

When I started teaching in the early 1990s, I was young. And I looked young. Very young. A rumour started to circulate that I had gone to university as a tween and was actually 13 years old.

I had an excellent start to my first year and no issues with the nearly 200 junior high school students I taught. However, as September drew to a close, I could tell the vice-principal worried about how I would do at meet-the-teacher night. Parents might equate my youth to inexperience or, worse, incompetence.

Meet-the-teacher, also known as curriculum night, usually happens at the end of September. Most involve barbecues, sitting on too-small chairs and being told not to ask specific questions about your own child.

This year in public schools in Ontario, these nights may be a casualty of the ongoing strife between the Elementary Teachers Association of Ontario and the provincial government. Similar job action by teachers has taken place all over the country, and there will likely be more of the same.

As far as academic success goes, the research seems to indicate that events like meet-the-teacher are nice, but not a necessity. The authors of a 2014 study in Child Development looked at parents' activities, including parent-teacher conferences and volunteering

at school. They found no evidence that doing these things directly affected academic achievement. They did say they felt there might be some emotional benefit — essentially, it's good for children to know their parents care.

Similarly, an analysis of 37 studies that included over 80,000 students from kindergarten to Grade 12 in Educational Research Review found that parent participation in school activities had the least effect on student achievement. What had the most? Parental expectations, discussions of school activities with children and helping with reading topped the list.

So, if meet-the-teacher happens this year and fits into your schedule, great. If not, don't panic. Other things you can do will help more.

I have no idea who showed up to meet me that September evening my first year teaching. I do remember that my vice-principal sent an experienced teacher to stand at the back of my room in case I needed help. I didn't. But it was nice to know someone was there if I did — kind of like the message you send by having clear expectations for your child and discussing school activities with them.

Full disclosure: As a parent, I have attended every curriculum night since my son started kindergarten, and I intend to attend this year if there is one. Even though my son is starting Grade 8, I want to see the person he's about to spend more waking hours with than anyone else.

THE MICROTREND: Mile-high mudras



The science is in: Sitting, especially for a long time (such as on a long-haul flight), is seriously risky to your health. But stretching can help, and it's not a stretch from that to full-blown yoga at 40,000 feet. The practice has taken off, not least because it can relieve stiffness and stress, and possibly reduce the risk of blood clots, which are associated with being sedentary for long periods. The craze has taken flight on the photo-sharing site Instagram. Even celebrities have posted snaps of themselves doing various contortions in the centre aisle in first class. The SkyTeam group of airlines has responded by adding yoga videos, designed to be done sitting, to its in-flight entertainment system — a definite advantage over sticking your stocking feet in your seatmates' face as you try to execute airplane pose while cruising over the Atlantic.

SOURCE: TRAVEL PULSE

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150 YEARS IN *Wonderland*

The "meaning" of Alice's Adventures in Wonderland has been open to speculation for years: social satire, Oxford history, even a drug-induced hallucination. In honour of Alice's 150th anniversary, writer David Day is out with a comprehensive book that "decodes" Alice. He interprets a few for us here. **TORSTAR NEWS SERVICE**

Illustrating Alice

"Scott (CS) Richardson, who designed the book, came up with this idea of doing these full spreads and using quotations. And he was the one who chose them ... (The illustrations) are all from the original Alice and what he's done is added a colour dimension and a quotation," says Day.



The Cover

You'll notice, when you're holding the book, that the figure of Alice on the front cover is pixelated, while the heart in the middle is clear and strong. In fact, it was designed that way for a number of reasons: if you look at it from far away (as you would in a bookstore display) the Alice is clear — it's only when you get closer that she loses her definition. "We pixelated it with the idea of decoding him," says Day, referring to author Lewis Carroll.



Crinoline Croquet

When Alice goes into the Queen's garden, that garden is based on Alice Liddell's house at Oxford — they had a croquet lawn at the back, which was the height of fashion at the time. Alice's mother made Croquet the centre of social life: "They frequently had these croquet parties," says Day, "and all the women dressed up elaborately; it was the age of 'crinoline croquet.'"



Oracle of Delphi

This is a painting entitled Consulting the Oracle by John William Waterhouse. In Wonderland's Duchess' kitchen, Day explains that Carroll has created a parody of the Oracle of Delphi gone badly wrong. Instead of a high priestess who inhales fragrant vapours that inspire sacred prophecies, Wonderland's Ugly Duchess inhales smoke and pepper that inspires nonsense.



The Real Alice

"These photos are by Julia Margaret Cameron ... she would dress (Alice and her sisters) up as mythological figures." On the left, Alice is dressed as Aletheia, the Greek goddess of truth; on the right as Pomona, Roman goddess of fruitfulness.



Cheshire Cat

All the inhabitants of Wonderland, Day maintains, had real-life counterparts in Oxford Society. In this picture, the Cheshire Cat represents Christ Church college's Canon Edward Bouverie Pusey (puss, get it?) who was one of the most influential churchmen of his time. Conservative Puseyites opposed liberal reforms introduced by Alice's father, the Dean of Christ Church. Here the King and Queen of Hearts, who Day reveals as the Dean and Mrs. Liddell, are much annoyed by Canon Pusey's avatar.





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Author faces off against Nic Cage critics



Author Lindsay Gibb believes Nicolas Cage is one of the most divisive actors of our generation. HANDOUT IMAGES

FANDOM

Defending the actor only made Gibb love him more

Sue Carter
For Metro Canada



Lindsay Gibb didn't set out to become a fierce defender of Nicolas Cage. It was only after a 2012 retrospective of the enigmatic actor's films at the TIFF Bell Lightbox that the Toronto librarian and former editor of Broken Pencil magazine realized the depths of her fandom.

"I liked him a lot but I wasn't as obsessed with him as I am now," she recalls.

While most pop-culture aficionados are content simply sharing their enthusiasm with Facebook friends, Gibb turned her obsession into a book. *National Treasure: Nicolas Cage* is the latest in ECW Press's Pop Classics series, a line of digestible essays that spotlight cultural touchstones such as Elvis Costello, Twin Peaks, Teenage Mutant Ninja Tur-

tles and the stripper schlockfest, Showgirls.

Except for perhaps Keanu Reeves, there is no contemporary actor who divides audiences and opinions — or inspired as many memes — as Cage. Beyond his eccentric off-screen life (purchasing saber-tooth tigers and dinosaur skulls, his Elvis obsession, whirlwind marriages), Gibb suggests Cage's screen presence is so polarizing because he's impossible to pigeonhole.

"From one movie to the next you don't really know what to expect," she says. "People have a certain kind of vision of him because they've seen him in a certain kind of movie, but then he'll go ahead and do something like *The Sorcerer's Apprentice*."

To prepare for *National Treasure*, Gibb watched all of Cage's work — an impressive feat considering he's appeared in more than 70 films. Inspired by the

TIFF retrospective, Gibb, who calls *Vampire's Kiss* and *Wild at Heart* among her favourites, began hosting a monthly Cage movie night in her condo's theatre room. When she started writing the book, she knew she had to take

a more critical approach. "I was trying to look at them through the eyes of, 'What is he doing?' I was looking for links between his movies, and trying to see

national
treasure.
nicolas
cage
lindsay
gibb

what he was trying to do with his acting style," she says. "He has this intensity, or bombastic style, where he gets hyper in the middle of a movie that is consistent throughout his films."

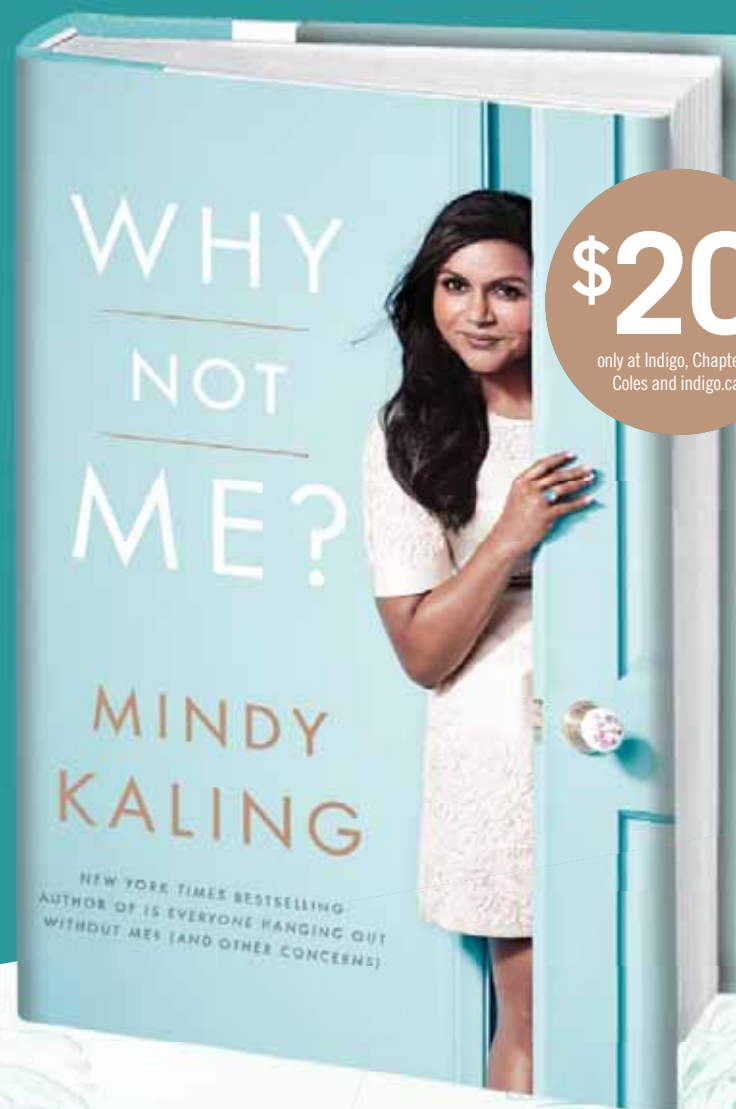
In the introduction to the book, Gibb writes, "Having to constantly defend something you like can you love it more fiercely." She dismisses critics who have an unwavering bias against Cage and his on-screen antics.

"There are definitely writers who have a certain take on him — he's a second-rate actor that's always going to chew the scenery," she says. "People have their set opinions, and don't let his performance influence their opinion. They've just decided he's the worst. And then there are people like me. I'll always find at least a nugget in his not-so-great films, and see something interesting."

Sue Carter is the editor at Quill & Quire magazine.

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Lessons from a prison book club

LITERACY

Inmates liked nonfiction, books with 'a bit of romance'

Ann Walmsley is in a book club that may be very much like yours or mine. The group (all women) meets in a member's living room to discuss a book over a glass of wine and some nice cheese. But for 18 months a few years ago, Walmsley was in a book club that was very different. There were no soft furnishings, no wine, no women, save the volunteers leading the discussion, and no certainty that the next meeting would even go ahead if, say, a lockdown prevented the members from attending.

In The Prison Book Club, journalist Walmsley shares the story of the time she spent as a volunteer at two prison book clubs for inmates, at the Collins Bay and Beaver Creek institutions in Ontario.

It is an inspiring story of allowing people to exceed your



Running a book club for convicts helped Ann Walmsley overcome the acute anxiety she suffered after being violently mugged. She penned a novel about the experience. CONTRIBUTED

expectations; about a prison for the body encouraging a freeing of the mind.

Over a recent pre-publication drink in Toronto, Walmsley was asked what kind of books made good picks for the group.

"We were looking for armchair traveller books," she said, to get the men away from their prison environment. Memoir and nonfiction were popular. Also popular, perhaps more surprisingly, were books with "a

bit of romance. They liked The Guernsey Literary and Potato Peel Pie Society (by Annie Barrows and Mary Ann Shaffer) ... they were all a bit wrapped up in the love story of Juliet."

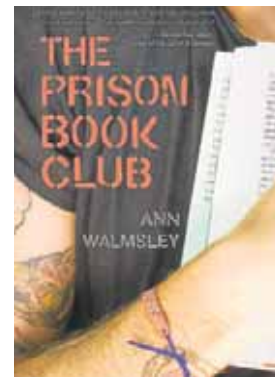
Seeing things through an-

other person's eyes is a central theme of The Prison Book Club.

The meetings are run by an organization called Book Clubs for Inmates, whose slogan is Literacy, Self-Awareness & Empathy.

Asked about witnessing reader empathy in action, Walmsley's face lit up: "Oh I saw it so many times!" She grabbed her book for reference and gave a long list of examples of characters real and imagined who had provoked thoughtful and emotional responses from the group: Paula Spencer in The Woman Who Walked Into Doors, Aminata Diallo in The Book Of Negroes, Ayaan Hirsi Ali in Infidel and more. In each example, the incarcerated men were identifying with the plights of women.

Several years before she was first introduced to the Collins Bay book club, Walmsley was violently mugged outside her home, an experience that left her with acute anxiety around strangers, particularly men. And yet she volunteered to enter a room with no security cameras or guards present, and to engage in literary discussion with men serving time for crimes includ-



ing bank robbery, extortion and manslaughter.

The inmates in Walmsley's memoir aren't the only ones for whom the book club delivers lessons to help them move on in life. While the men in the group were learning to empathize with plights of female protagonists, Walmsley was coming to an understanding of her own.

"I realized that I was a prisoner of fear, and what happened was that with each book (the group) read I was gradually being liberated from that prison of fear." TORSTAR NEWS SERVICE

VIDEO GAMES

If you're not playing games, you're losing out: Author

Eva Kis
Metro | New York



When you think of video games, the impression might be: mindless button-pushing, no socializing, wasting time. Game designer Jane McGonigal is out to prove that just isn't so.

The author previously challenged the perception of who a gamer is in her book Reality Is Broken, and this time around with SuperBetter: A Revolutionary Approach to Getting Stronger,

Happier, Braver and More Resilient — Powered by the Science of Games, she investigates the science of gaming using over 500 studies, and how to turn it into a tool for living a better life.

"SuperBetter looks at about 20 years' worth of scientific research about how games change the way we respond to stress and challenge," she tells Metro. "Playing games regularly actually helps us build and practise psychological strengths that are really important when we're facing tough obstacles in our real lives."

McGonigal designed Super-

Better the game to recover from her own traumatic brain injury in 2009, and people have used it to deal with problems ranging from anxiety to post-traumatic stress disorder. We asked her how picking up a controller can give us more control of our real lives.

The opposite of play

When we think of games as a way to waste time, it's easy to say the opposite of that is working. But in McGonigal's view, it's depression. "When we're playing, we activate the parts of the brain associated with willpower,

motivation and optimism," she says. Think about what is actually the opposite of that — lethargy, not feeling like you can change anything — and it begins to shift your perspective.

Develop the challenge mindset

Gaming naturally puts you in the challenge mindset. One of the SuperBetter exercises is to think of the biggest problem you're facing, then imagine the worst possible outcome. For example: "I lost my job, so I will turn to a life of crime." Now think of the opposite of that least helpful

response: "I will turn to a life of service." You've just taken back agency, realized you have options and given yourself a new goal.

Real world bonding

Video game play is a particularly extreme form of synchronization, because you are trying to get inside the mind of another player — whether you're co-operating or competing, you're constantly trying to anticipate their actions." This has been shown — by years of research — to increase compassion, empathy and willingness to offer help.



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95.3 The **PEAK**

As countries change, so do all of us

JOSIP NOVAKOVICH

Man Booker finalist finds light in our dark realities

Emina Gamulin
Metro | Canada

An American-born translator goes to Bosnia to work for the UN, only to discover rape camps that her employer turns a blind eye to (or worse, participates in).

After losing everything else in his life when Serb rebel forces take over his village, a Croatian man turns to his bees for comfort and protection.

A Serbian man who once lived in Croatia but was displaced by the war waits for his cousin to arrive on a train that never seems to come.

These are some of the experiences explored in *Ex-Yu*, but according to the author of these fictions based loosely on the Balkan wars of the '90s, the collection is as much about transformation as it is about destruction.

"The title is a pun on Ex-Yugoslavia, and the former you," says

Croatian-Canadian writer Josip Novakovich on the phone from Montreal, about his latest — a gripping, tragic, often strange, absurd, and sometimes laugh-out-loud funny short-story collection published this month by Vehicule Press. "Many countries pass and change, so do we, even if we might not be aware of how much we change."

He quotes the philosopher Heraclitus, who said that you can't step in the same river twice. "Usually we just think about how the river changes — the water is always new, the new schools of fish are passing through, but you too, are different."

As philosophical as Novakovich is, he also thinks pragmatically. When asked why *Ex-Yu* includes a cannibalistic tale that takes place nowhere near South-eastern Europe, he admits it made it into the pile because his last publisher refused to release it, deeming it too horrifying. It's also a continuation, he says, of an earlier collection that chiefly concerns itself with friendship versus survival versus tribe loyalty.

In a way it fits, despite the geographical divergence, because the collection is so dark. There's ghosts of the horrors of

'FAN FICTION'

While the majority of the characters in *Ex-Yu* are ordinary people, the collection includes some infamous real-life characters.

Novakovich jokingly refers to these stories as "fan-fiction." In one, we catch up with Slobodan Milosevic in jail at the Hague just months before the verdict of his war-crimes tribunal. The fallen leader, now impotent, demands Viagra, despite his doctor's warnings.

The title, *Just Desserts*, perhaps alludes to the satisfaction Novakovich felt reimagining Milosevic's last days. "It was a known thing that he was sabotaging his medical care, not taking his blood pressure pills so most likely it was just massive heart failure," says Novakovich, a medical-school dropout. "But that can also happen with Viagra in such conditions, so I thought 'Why not make fun of it?'"

the Second World War; Dutch guilt over the Srebrenica massacre; a bad batch of an early measles vaccination; lung cancer.

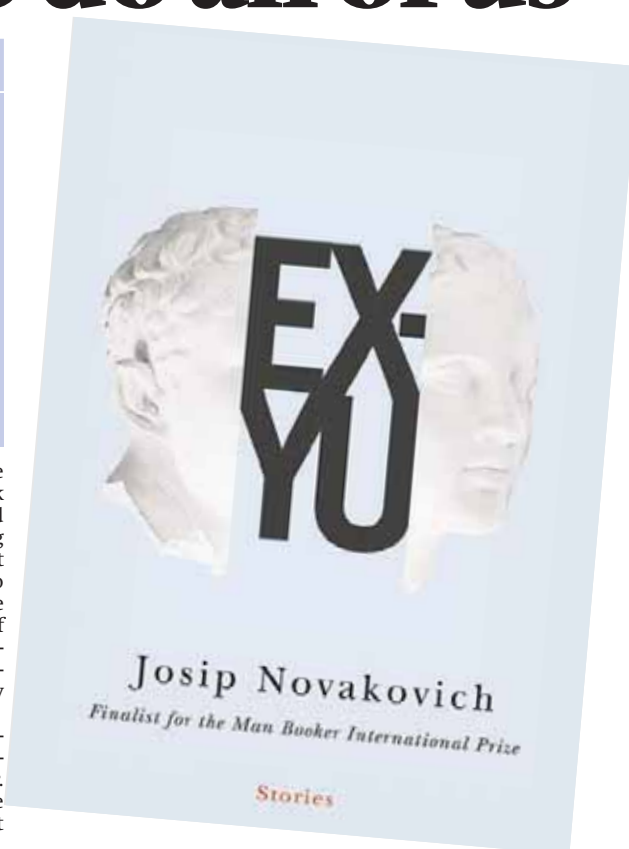
"Things don't have to happen, but we fear they will happen, and sometimes they do happen. Death is something that only happens once, but it is always in the background of our minds — how will I go and how will those around me go?" says Novakovich.

He believes it's cathartic to face our fears in art and that looking only at happiness is neither possible, nor, perhaps, desirable.

"I read a remarkable article about (Serbian tennis star) Novak Djokovic recently. He was asked if he just thinks positive during matches. And he said he tried it and it doesn't work — he has to do both," Novakovich says. "He can't eliminate the (bad) stuff and he figured out that it's better if he doesn't. You can't completely ignore that life is partly a horror story."

Plus, Novakovich says, offering a less existential explanation — his dark stuff sells better.

"I publish these stories more easily, say, than the stories about my cats."



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SOCIAL MEDIA

Facebook launches 360-degree video



Lucasfilm's *Star Wars: The Force Awakens* is taking advantage of the new 360-degree video viewer. HANDOUT

Facebook has rolled out 360-degree videos in its News Feed, allowing users to choose their viewing angle.

On the web, users of the social network will be able to do this by dragging the video around with their cursor, while on mobile devices they can drag their finger or even just turn the device.

Last year, Facebook bought the Oculus Rift VR headset for \$2 billion. This latest move could

bring the platform's content to a huge audience.

Among those already using the network's upgraded video feature were Discovery, GoPro, NBC's *Saturday Night Live* and VICE. Disney and Lucasfilm were debuting a 360 experience from *Star Wars: The Force Awakens*.

The videos are due to begin showing up on the web and for Android soon, followed by iOS in the coming months. AFP

Serial to tackle soldier's disappearance: Report

PODCAST

Season 2 of hit NPR show will explore case of Bowe Bergdahl

The hit NPR (National Public Radio) podcast *Serial* will spend its second season taking on the mystery of a U.S. Army sergeant's disappearance in Afghanistan, according to reports.

Maxim, which spoke with several sources but had not received confirmation from NPR, reported that the focus would be the case of Bowe Bergdahl, who disappeared from his post in Afghanistan in 2009 and was then held prisoner by a Taliban-allied group.

Bergdahl was released in 2014 as part of an exchange for Guantanamo Bay detainees.

The soldier was said to have been abducted when he walked off the outpost, although his reasons for doing so are unclear and the circumstances of

ONGOING CASE

Officials deciding if he should face court-martial

Sgt. Bowe Bergdahl's lawyer earlier this week asked a military court to publicly release a transcript of Bergdahl's interview with military officials and a summary of an investigation into his disappearance. Defence attorney Eugene Fidell has unsuccessfully tried to get the Army to make the documents public while Bergdahl faces charges, including desertion, for leaving his post in Afghanistan in 2009. THE ASSOCIATED PRESS

his abduction are mysterious.

Bergdahl was ultimately charged for desertion and misbehaviour before the enemy.

The Hollywood Reporter has since confirmed Maxim's report. AFP



Sgt. Bowe Bergdahl. THE ASSOCIATED PRESS/U.S. ARMY FILE

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Pilots don't hook viewers

STATISTICS

Netflix finds it can take several episodes to get into a show

Netflix original series share something in common with shows that first aired on conventional TV networks: they all generally failed to hook viewers with their first episodes, according to new research by the streaming service.

Netflix analyzed global streaming data for the first seasons of several popular shows looking for signs of when people latched onto a specific title and began bingeing.

Acclaimed cable hits Breaking Bad and The Walking Dead and Toronto-filmed legal drama Suits had Canadians hooked by the second episode.

Canadians were on board by the third episode of Netflix political drama House of Cards, while newcomers Bloodline, Grace and Frankie and Unbreakable Kimmy Schmidt had fans reeled in by their fourth episodes.

It took, on average, more than four hours of watching Mad Men — or six episodes in — for Canadians fans to get hooked on the critically lauded series.

It also took six episodes for Canadian fans of the Netflix superhero series Daredevil to decide they really liked it.

According to Netflix, 70 per cent of viewers who watched the hooked episode would go



Breaking Bad had viewers hooked by episode two. HANDOUT

on to watch the full season.

"It's been conventional wisdom that the pilot is the most important 30 minutes in the life of a show and it turns out it's rarely the thing that hooks people," said Netflix chief content officer Ted Sarandos in an interview.

"(That's) not to say that no one ever got hooked by a pilot, but we didn't see a lot of it in the data.

70%

Number of viewers who get to the 'hooked' episode and then keep watching a show for the full season

"I also think the audiences have more patience than the networks give them credit for," he added.

Friends co-creator Marta Kauffman has decades of network experience under her belt. But the veteran showrunner said Netflix encouraged a fresh approach to crafting the pilot for her new series Grace and Frankie,

which stars screen legends Jane Fonda and Lily Tomlin.

"(They said): 'We don't call them pilots, we call them the first chapter. Think of them like a book,'" recalled Kauffman.

"The freedom that the writer gets from that is not having to establish every single character and every single thing and 'What's all of their back stories?' You don't have to do that for Netflix. They allow for the growth of the information and the growth of the story." THE CANADIAN PRESS

FILM BRIEF

Black Mass boosts sales of Bulger memorabilia

Sales of memorabilia related to Boston gangster James "Whitey" Bulger have picked up since the new Johnny Depp movie on his life hit theatres.

There's a mugshot from

Alcatraz, an autographed shirt he supposedly wore in jail and poker chips featuring his photo.

A memorabilia store in Peabody, Massachusetts, received a \$25,000 bid for an orange jail-issued shirt.

THE ASSOCIATED PRESS

STREAMING

CBC eyes YouTube to find future talent

CBC is partnering with global media company Fullscreen in a bid to discover the next YouTube star and connect with younger audiences.

Programming boss Sally Catto says the deal takes advantage of Fullscreen's expertise in developing digital content creators, while giving the CBC access to a large talent pool.

Fullscreen works with more than 2,000 Canadian-based creators and they automatically become part of a joint CBC/Fullscreen network as part of the deal. Globally, Fullscreen works with more than 70,000 creators who have a combined 600 million subscribers.

Catto says the CBC is always

on the lookout for future collaborators.

She says promising discoveries that emerge from this deal could lead to TV development deals down the line.

"It's pretty impressive to see what this next generation of creators is doing in terms of accessing their audience and speaking to their audience," Catto said Tuesday.

"For us, to be able to forge a relationship with these content creators more closely and get to know them and see what they're doing and look for potential ways we can work together on other platforms is of great interest."

THE CANADIAN PRESS



YouTube stars Nash Grier and Cameron Dallas in Fullscreen's The Outfield. CBC is partnering with Fullscreen to connect with a younger audience. HANDOUT

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ACCESSORIES

Pamela Anderson launches vegan line

Model, actress and activist Pamela Anderson is set to launch a collection of vegan shoes and bags with French accessories designer Amélie Pichard.

Anderson, a longtime animal rights activist known for her work with People for the Ethical Treatment of Animals (PETA), will take inspiration from Malibu and Saint-Tropez for the upcoming collection, reports WWD. The 20-year vegan had been mulling over the idea of creating her own collec-

tion when she found Pichard through Instagram. The French designer's label can be found in high-end stores and includes a 'Pamela' pump inspired by the actress, whom she considers one of her muses.

Seven shoes styles — including a plexiglas-heeled sandal — and a beach bag feature among the designs, which will debut at Opening Ceremony Los Angeles on Dec. 10 with prices ranging from \$490 to \$950. AFP



Pamela Anderson is a longtime spokesperson for People for the Ethical Treatment of Animals. CONTRIBUTED

ALMOST good college radio



Billy West has done voices for a broad swath of the Futurama crew including Fry, as well as the Red M&M. CONTRIBUTED

PODCASTS

Voice actor creates The Billy West Show

Odds are, the voice of Billy West is ringing in your ears.

Or rather, voices. A leading voiceover actor, West has spoken up for title characters on Doug and Ren & Stimpy, for latter-day revivals of Bugs Bunny, Woody Woodpecker and Popeye, for a broad swath of the Futurama crew, even Red M&M.

Now West has brought his virtuosic yackety-yak to his own podcast, speaking for himself on The Billy West Show, with five editions posted on his website and iTunes of a series he hopes to build on every couple of weeks.

The freewheeling format unleashes West with his vocal cast of thousands, accompanied by the singular voice of Jim Gomez, a veteran director-animator and, here, a stabilizing influence who keeps this whole enterprise from flying away.

Offering a seamless 30 min-

utes or so of sketches, mock-interviews and other foolishness, The Billy West Show aspires to be ALMOST good college radio, says West, while it draws on classic comedy influences including the 1960s-era Firesign Theatre.

The episodes are recorded in the repurposed garage of West's home nestled on a cozy cul-de-sac in the Hollywood Hills.

With the garage door opened to a perfect L.A. morning recently, West and Gomez are hashing out a future episode amid a crush of audio equipment, keyboards, vintage jukeboxes, a carpenter's work bench and a riot of random artwork on the walls.

"We wanted the show to be all over the place," says West, 63, a compact man with a jazzed-up manner that strikes a fine contrast with the easygoing Gomez.

The show gives West free reign to draw on his encyclopedic treasury of voices, dialects, sound effects and pop-culture references. (When was the last time you heard a perfect imitation of Paul Harvey advertising Kava coffee?)

THE ASSOCIATED PRESS

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GOSSIP BRIEFS

Breakup season

Can we blame all these celebrity breakups on the impending holiday season, or is it too soon for that?

I'm not saying that's what's behind Amy Poehler's split from Nick Kroll after two years of dating, but it's a pretty good theory, right? Or this: "Unfortunately, they just

couldn't make the relationship work with their schedules," a source tells Us Weekly. "They really tried, but it just wasn't realistic anymore. They were spending more time apart than together."

Sure, but for some couples that's actually a plus.

NED EHRBAR/METRO



No more sequels please

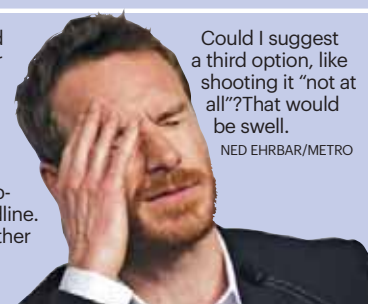
Ridley Scott has a new

movie coming out — The Martian — which means he's been doing a bunch of interviews catching people up on all those sequels he's been threatening to make, like his ill-advised followup to Blade Runner.

Even more disconcerting? He's apparently serious about continuing the terrible Prometheus franchise, sending

the disembodied head of Michael Fassbender back to work early next year.

"Fassbender will do (Prometheus 2) with me, and it's meant to start production in February," Scott tells Deadline. "I'm in prep now. I'll either shoot in (Australia) or (Canada)."



Could I suggest a third option, like shooting it "not at all"? That would be swell.

NED EHRBAR/METRO

HOME VIDEO

JLo: Love costs a lot

Jennifer Lopez's first husband, Ojani Noa — you probably don't remember him — has a bunch of home movies from way back when, and he and business partner Ed Meyer are eager to let them loose on the world. How rude.

"We are going to produce a DVD and also have a streaming release of the JLo home video footage," Meyer says, according to InTouch.

"There is revealing video of her with



a lack of clothing and in sexual situations, especially in the hotel footage from the honeymoon."

Lopez, Noa and Meyer have been locked in a legal battle for more than six years, but Lopez withdrew all of her claims against them over the summer.

"The videos contain salacious material and are going to shock her fans," Meyer adds. "We have unfinished business." He sounds charming, doesn't he?

NED EHRBAR/METRO

W NETWORK

Hockey wives signed

W Network has scored four more cast members for its docuseries Hockey Wives, including the wives of Montreal Canadiens goalie Carey Price and Anaheim Ducks captain Ryan Getzlaf. The second season will feature Angela Price and Paige Getzlaf (pictured with her hubby), says W Network.

Other cast additions in-



clude Taylor Winnik, wife of Toronto Maple Leafs left winger Daniel Winnik, and Ashley Booth, wife of free agent David Booth. They join previously announced partners Keshia Chante, Rhianna Weaver, Kodette LaBarbera, Tiffany Parros, Noreen DeWulf, Maripier Morin and Martine Forget.

Hockey Wives returns Oct. 28.

THE CANADIAN PRESS

Kendall's rumoured romances

DATING

Michael B. Jordan denies dating Kendall Jenner, kinda

Ned Ehrbar
Metro | Hollywood



While we're still waiting for Orlando Bloom to chime in about whether or not he's been playing kissy-kissy with Kendall Jenner, at least one other older man linked to Not Kylie is going on the record to address whether or not they're dating.

Fantastic Four star Michael B. Jordan stoked romance rumours earlier this year when he was spotted leaving a Met Gala party with Jenner, but he wants you all to calm down.

"It's the world we live in. They see white and black. I don't," he tells GQ. "Kendall's a friend of mine, you know? I don't know her, like, that well, but I know

her enough. People's perspective on that is what it is. I don't f—ing know. I don't live my life to make other people happy. It's so weird, though, right? A lot of black fans were feeling like 'Oh, my God, he should have been with a black woman' and that whole thing."

Kendall is just keeping us all guessing.

Well, at least all this attention being diverted a way from Bloom must make him happy, right?



Jordan says Jenner 'a friend' only. ALL PHOTOS GETTY IMAGES

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Under the weather? Sleep it off

SHUT-EYE

More than six hours of sleep is key to fighting off colds: Study

Andrea Janus
For Metro

If an apple a day keeps the doctor away, what does a good night's sleep get us?

A healthy immune system, experts say, which is key for warding off illnesses, including cold and flu.

"It's well-studied and well-known that reduced hours of sleep, particularly anything less than six hours, is known to impact our immune system and significantly makes us more susceptible to illness because it seems to reduce how our immune system functions to rid the body of viruses and other micro-organisms," said Dr. Scott Gledhill, a family physician at the Medcan Clinic in Toronto.

One reason for this could be cortisol, the hormone that your body releases when it's under stress. Cortisol levels can be affected by various factors, Gledhill said, including a lack of sleep, how much exercise you are getting, the food you are eating, and how much stress you feel in your daily life.

But sleep appears to be a major culprit when it comes to increased susceptibility to a cold, says a study pub-



A recent study shows that those who slept less than five hours in a night were 4.5 times more likely to catch a cold. SHUTTERSTOCK

lished earlier this month in the journal *Sleep*. According to the findings, sleeping for six hours or less per night can increase the risk of developing a cold. Study participants who slept for five to six hours per

night were 4.2 times more likely to develop a cold. Participants who slept for less than five hours were 4.5 times more likely to catch a cold.

Even when the researchers considered other factors,

from smoking and drinking habits, to stress levels and even the amount of money the participants made, sleep duration was still the most important risk factor.

"It goes beyond feeling

groggy or irritable," lead study author Aric Prather of the University of California San Francisco said in a statement. "Not getting sleep fundamentally affects your physical health."

While the study did not

prove that less sleep was the cause of the cold in the participants who got sick, the findings build on previous research that shows the importance of sleep in keeping you healthy.

Log off for better health

With growing evidence that a lack of sleep can increase susceptibility to cold and flu, now is a good time to cut back on things that might lead to less shut-eye.

Could Internet use be a culprit?

Researchers from Swansea University and the University of Milan have found that people who reported having an Internet addiction also reported more cold and flu symptoms than moderate internet users — about 30 per cent more.

The study "begins to get us to think about" whether staying indoors and using the Internet has some asso-

ciation to poor health and poor general wellbeing, said Dr. Mike Allan, professor and director of evidence-based medicine in the University of Alberta's department of family medicine.

"There's a lot of opinion right now that a lot of people, particularly young people, are addicted or using the Internet to an unhealthy level, or computers in general," Allan said. "So this starts us thinking that there may be some support for that belief system, but we need to go further. This is the beginning, what we would call a signal to do more research."

ANDREA JANUS/FOR METRO



YouTube is addictive after midnight. But take a break from the Internet and get some rest. SHUTTERSTOCK

INSOMNIAC OLYMPICS

The keys to a good sleep

There are many reasons why you may be getting poor-quality sleep every night — or not enough sleep overall. Dr. Scott Gledhill, a family physician at the Medcan Clinic in Toronto, shared some tips for a restful night:

PUT AWAY THE ELECTRONICS

This one is easier said than done, of course, but ambient light from your tablet or smartphone affects the part of your brain that releases melatonin, the hormone involved in helping you fall asleep. Try to stop screen time an hour-and-a-half before bed.



Bedtime: Are you ready? SHUTTERSTOCK

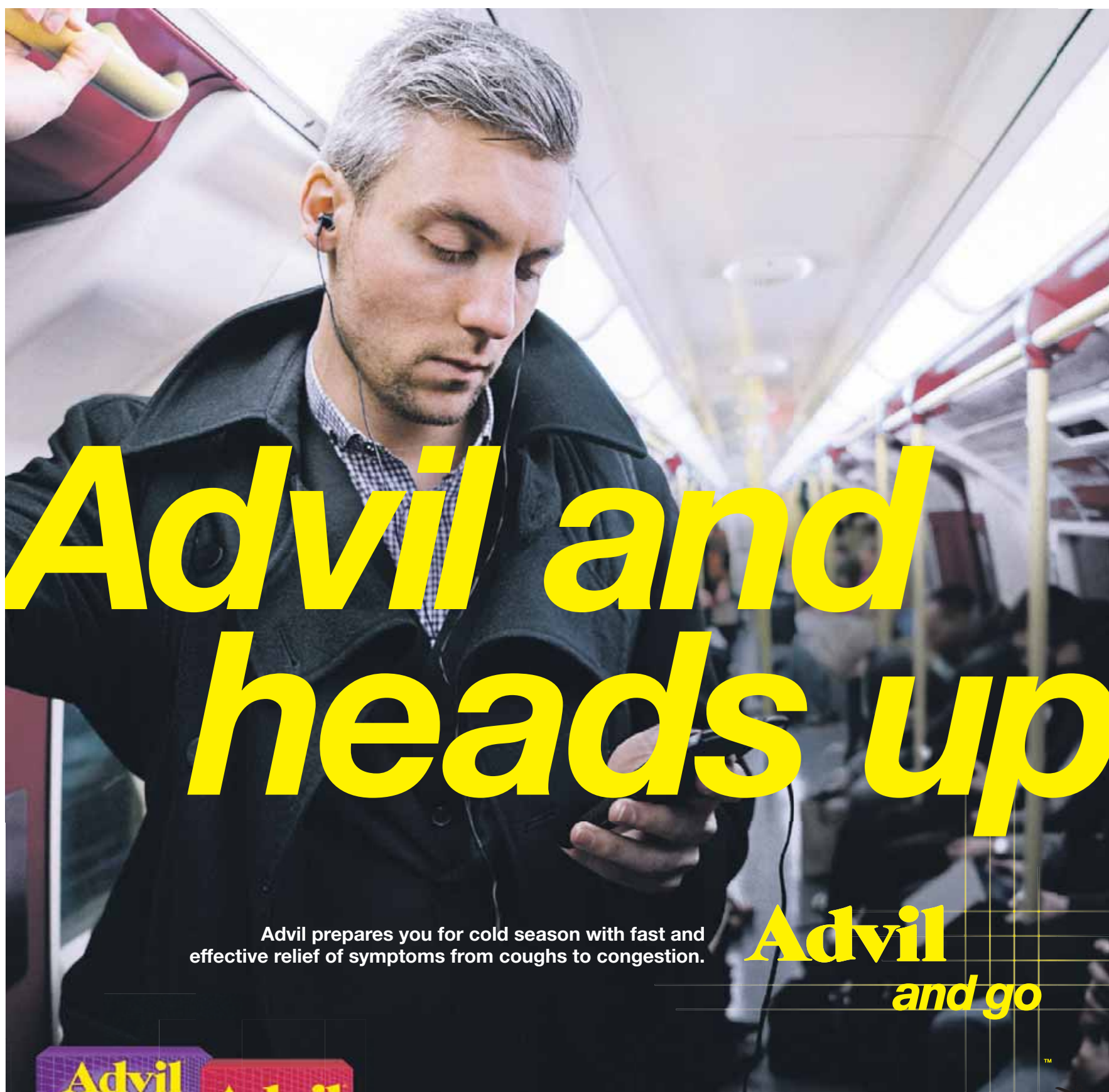
HOLD THE SPICE

If you like your food fire-engine hot, avoid these after 2 or 3 p.m. The same goes for caffeine and other stimulating foods and drinks.

EXERCISE, BUT NOT TOO LATE

Exercise tires you out and helps you get to sleep. But if you do it too late in the day, your surging adrenaline levels will keep you from counting sheep.

ANDREA JANUS/FOR METRO



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What they're asking

Featured here is a selection of brand new townhome projects. We compare two-bedroom units in various forms including stacks, condo towns and rowhomes.

Duncan McAllister FOR METRO

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Calgary

Here's a new two-bedroom-plus-den at The Savoy by Truman Homes. This community of condominiums and townhomes is located on Kensington Road and 19th Street NW, in the community of West Hillhurst. The units feature engineered hardwood floors, Italian marble tile, quartz countertops, designer lighting and plumbing fixtures, and imported Italian kitchens and appliances. The area has many amenities ranging from coffee shops to grocers, and the Peace Bridge is a short walk away. Call 403-240-3246 or visit liveatsavoy.com.



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Toronto

Main Street Seaton is a new project by Averton Homes in the suburb of Pickering. The heritage-inspired brownstone townhomes are composed of three different styles, with contemporary stacked Urban towns, back-to-back Garden towns, and conventional back-to-back Coach towns. The homes feature engineered laminate flooring and open-concept kitchens. The Seaton area is close to hiking trails and golfing, as well as the Pickering Town Centre and GO transit. Contact the sales centre at 416-740-5544, info@averton.ca.



\$339,900

Vancouver

York by Mosaic Homes is a collection of two- and three-bedroom, shingle-style rowhomes in Langley. These townhomes feature open floor plans with nine-foot ceilings and large bay windows. There's a kitchen island, luxurious bathrooms and raised backyards. The homes are well connected to transit, and boast mountain views, greenways, parks and schools. The starting price above is for a 1,199-square-foot, two-bedroom-plus-den unit. For more information, contact 604-882-6758 or visit mosaichomes.com/york.



*Artist rendering. Possession subject to availability. Prices subject to change without notice. E&O.E.

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AT WALDEN

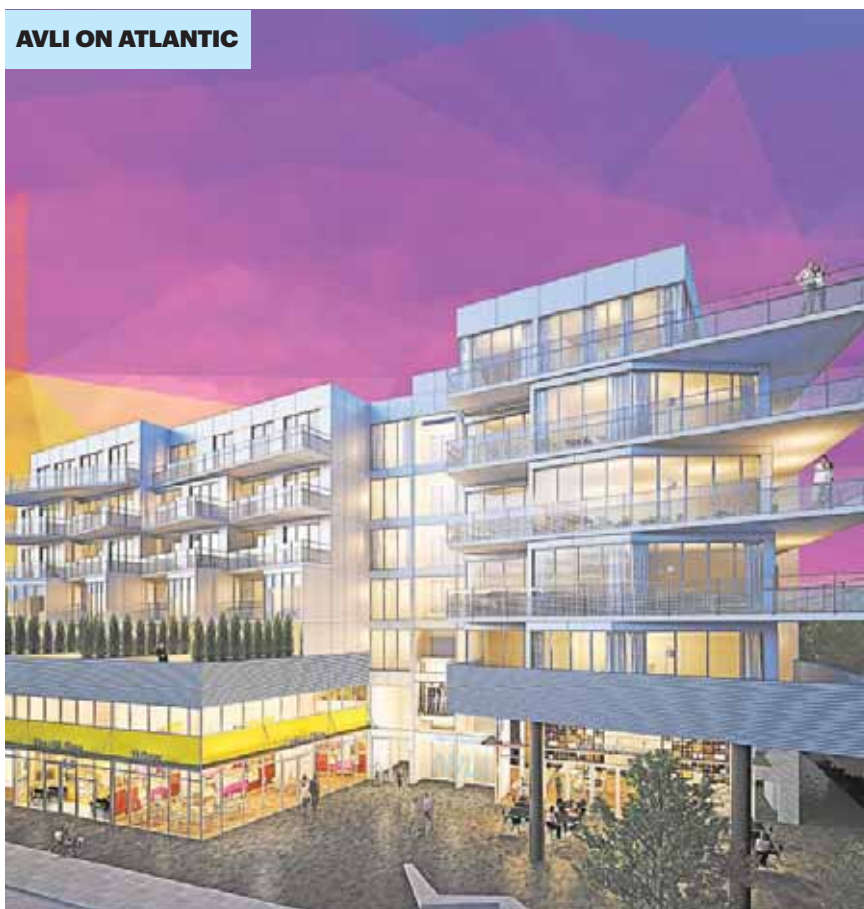
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AVLI ON ATLANTIC



CONTRIBUTED

Shop, study, sleep under one roof

Project overview

AVLI on Atlantic is one of the most anticipated developments ready to hit Inglewood, one of Calgary's trendiest communities. With 64 residences available, AVLI on Atlantic presents buyers an artsy and affordable option for inner-city living.

Building amenities

Residents hardly have to leave home with a full retail space on the building's main level. The rooftop garden terrace is perfect for enjoying summer days, and underground heated parking keeps things warm in the winter. The building also hosts a library, and a dog and bike wash station in the parkade.

Location and transit

Located right off 9 Avenue in Inglewood, AVLI on Atlantic is in walking distance from the downtown core. Buses also run through the neighbourhood, and the C-Train is just a few blocks away. For commuters, the new development also skirts Blackfoot Trail and Deerfoot Trail.

+ EVERYTHING YOU NEED TO KNOW

What: AVLI on Atlantic
Builder: AVLI on Atlantic
Architecture: Jeremy Sturgess
Designer: Jerilyn Wright
Location: 9 Avenue SE (Inglewood)
Building: Condominiums
Sizes: From 622 sq. ft. to 2,595 sq. ft.

Pricing: Starting at \$299,999
Model: One- to three-bedroom floor plans
Status: Construction starting fall 2015
Occupancy: Fall 2017
Sales centre: 1012 9 Ave. SE
Phone: 403-474-2060
Website: avlicondos.ca

In the neighbourhood

AVLI on Atlantic is a great spot for music lovers with a number of funky bars and restaurants hosting live music and shows. Inglewood is also home to Fair's Fair bookstore, plenty of boutique shops and popular coffee shops, and great places to eat.

ANNA BROOKS/FOR METRO

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DESIGN CENTRE SITTING PRETTY IN ANY SPACE

Soon it will be the season for holiday entertaining and you will need a few extra places for guests to perch. From poufs and floor pillows to benches, there are some groovy options that will offer up practical style without breaking the piggy bank. **KARL LOHNES/FOR METRO**

1 Tufted Fabric and Chrome Double Bench

At the end of a bed or in a tight hallway; I like to think of it as the new modern piano stool. \$99, Walmart.ca

2 Aztec Pouf

Get your black and white pattern going on and wake up any space. \$99, UrbanBarn.com

3 Real Simple Split-Top Bench Storage Unit

There are 10 million uses for this one; what's yours? \$120, BedBathAndBeyond.ca

4 EQ3 Roman Bean Bag

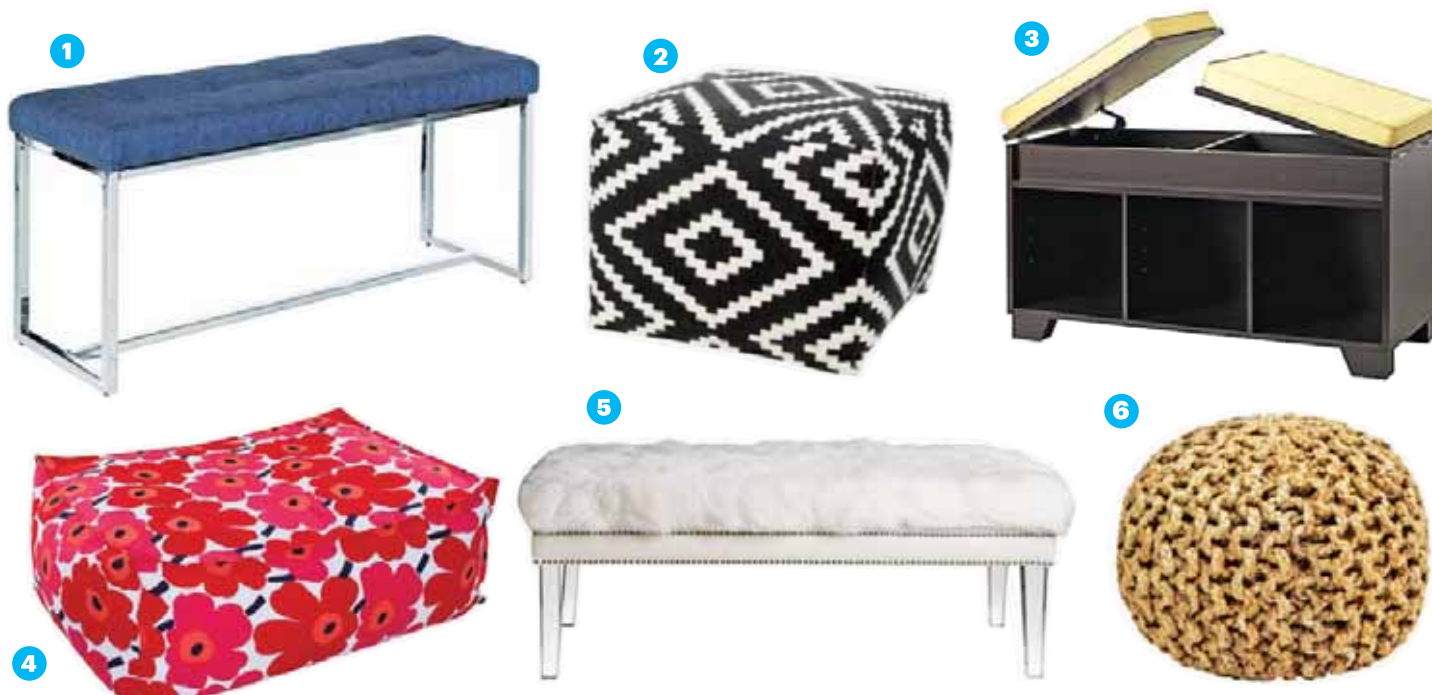
Keep it fun and flowery. \$400, TheBay.com

5 Mongolian Fur and Lucite Bench

Hollywood glamour meets Liberace. \$500, Homesense.ca

6 Pier Braided Pouf

Neutral texture that any room would love. \$129, UrbanBarn.com



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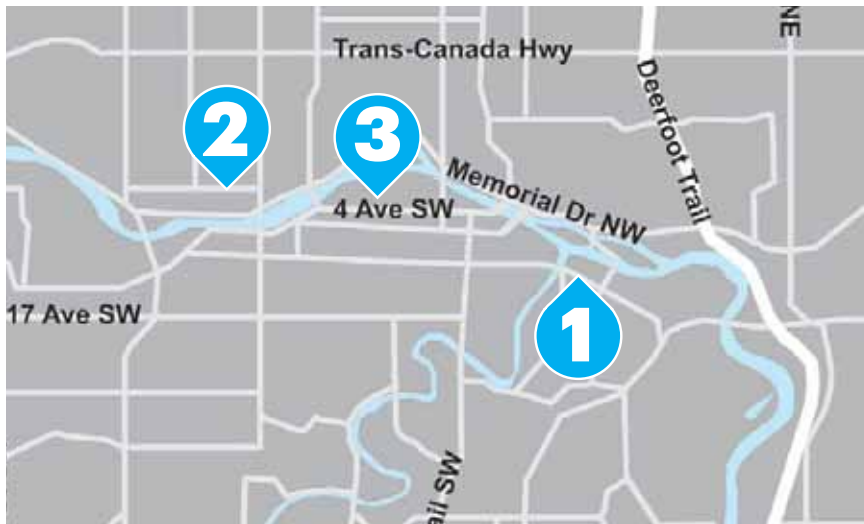
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REAL ESTATE

What's hot on the market



ANNA BROOKS/FOR METRO

1 INGLEWOOD

Scavenger hunt: AVLI on Atlantic is in its last week of The Great Inglewood Scavenger Hunt. Hunt for the hidden sandwich board and look for weekly hints online at avlicondos.ca and you could win a great prize. See the sales centre at 1012 9 Ave. SE or call 403-474-2060.

2 KENSINGTON

Open house: Check out Sarina Homes' brand new project in Kensington. An open house of this beautiful attached home property is being held Sept. 26 from noon to 4 p.m. at 11810 Kensington Rd. NW. For more information call 403-249-8003.

3 EAU CLAIRE

Hot spots: Presales are starting for 3 Eau Claire, an affordable new condo development by 3 Eau Claire Developments. See the sales centre at #102 615 3 Ave. SW (by appointment only) or call 403-453-5300.



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Bay 10 - 2151 32nd St NE, North Calgary

The Laundry Store
#6, 625 77 Avenue SE
Calgary

Trail Appliances
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2745 - 29 St NE, North Calgary
1025-9 Ave SE, Inglewood Calgary






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Serve up personality

Decorative plates hung on walls are no longer seen only in grandparents' homes. The trend has been gaining in popularity, and the prints and motifs seen in the latest ones range from traditional to ultra-contemporary. **AFP**



1 Window with a view

Why limit yourself to one window when you can have 45? Faïencerie Georges offers a collection of 45 plates with window designs. Once the ensemble is mounted on your wall, you'll be able to look into different windows, without bothering the neighbours. (€35, \$71 CDN)



3 Paris as the crow flies

Non Sans Raison, the French brand that revisits traditional Limoges porcelain techniques with modern flair, has invited artist Claire Brewster to design for them. She has decorated a 22-piece collection — three serving dishes (32 cm); eight dinner plates (27 cm); eight dessert plates (22 cm); and three bread plates (16 cm) — with a map of Paris. Each plate also has a white cutout of a bird spread over the entire collection that highlights the white of the enamel. "The Free Bird" is not only decorative though. Thanks to magnets fixed to the plate and the wall, the plates can be taken off the wall at will and be used before being hung back up effortlessly.

2 The opulence of Versailles



Venerated French porcelain brand Bernardaud is going the traditional route with a collection inspired by Versailles. On a 36-cm plate, the house depicts floral ornaments in a simple but dramatic fashion, all in immaculate white. (Price on request)



4 The walls have ears

For French brand Petite Friture, designer Sam Baron has drawn inspiration from the popular saying and decorated the traditional white ceramic circles with two bunny ears. A cheeky nod to hunting trophies. (€25, \$51 CDN)

5 Metal and clay

Fan of industrial landscapes?

You can recreate the view of a construction site with the "Grue" collection by Faïencerie Georges.

Made up of a 43-cm dish and four 27-cm plates, this collection (€620, \$1,260 CDN), made of white clay and painted by hand with blue cobalt on enamel, brings together the delicate purity of line and the severity of the metal sculpture represented.



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RUGBY WORLD CUP

Japan upset spurs on Canada for Italy test

Tyler Ardron didn't have to watch Japan shock South Africa to know upsets are possible at the Rugby World Cup.

The Canadian captain, restored to health from a knee injury at the Pacific Nation Cup, believes anything is possible with the proper preparation and right execution.

"I'm sure if you asked Japan, they did their homework," Ardron said from Leeds, England. "When you watch a team

like that during the game, you can see that they've studied the other team and they know what's going to happen. And they were able to execute their game plan a little better than South Africa was."

Japan moved up two spots to No. 11 in the world rankings after its 34-32 win Saturday over South Africa in Brighton. The Springboks fell three places to No. 6.

Playing just four days later, the Japanese fell back to earth

66

What separates the top teams from the rest is that they can play 80 minutes at the highest level.

Canada's Tyler Ardron

Wednesday in a 45-10 loss to No. 12 Scotland. Canada, ranked 18th in the world, looks to take down

No. 15 Italy on Saturday at Elland Road in Leeds. The Canadians are 2-5-0 against Italy, which has won the last four meetings between the two. Canada's wins came in 1983 and 2000.

Both Canada and Italy are 0-1-0 after losses Saturday. Despite some good patches of play, the Canadians were put to the sword 50-7 by No. 5 Ireland while an inconsistent Italy was beaten 32-10 by No. 7 France.

THE CANADIAN PRESS



Kam Chancellor has missed two game cheques worth more than \$500,000. THE ASSOCIATED PRESS

Chancellor ends holdout

NFL

Seattle safety keen to return after contract disagreement

After nearly eight weeks of being absent and losing out on potentially more than \$2 million, Kam Chancellor returned to the Seattle Seahawks on Wednesday.

His holdout is over and the menacing presence of No. 31 could be back on the field for Seattle as early as Sunday.

"I just feel like the time is now. Just watching my teammates and my team play, week to week, that first and second game, watching those losses hurt me, being the leader that I am," Chancellor said. "So I think the time is now to come back, put all business to the side and address that after the season, just get back to work."

66

Watching those losses hurt me being the leader that I am.

Seahawks' Kam Chancellor

Chancellor reported to the team's facility early Wednesday morning, ending a holdout that started when he missed the first day of training camp on July 31 and lingered through the 0-2 start to the regular season for the Seahawks, who lost to St. Louis and Green Bay. Seattle will have a two-week roster exemption for Chancellor, but he must be added to the active 53-man roster at least 24 hours prior to kickoff to play either this Sunday against Chicago or Monday, Oct. 5, against Detroit.

Seattle coach Pete Carroll said the team is planning for Chancellor to play against Chicago, but said that would be assessed as the week goes on. "He is an integral part of our communications and all of that, of course," Carroll said. "And he's better than anyone in the world at doing what he does for us."

At issue for Chancellor was his contract and having future money paid sooner. He signed a \$28-million, four-year extension during the 2013 off-season but that did not take effect until a year later. The Seahawks refused to budge on restructuring a contract that had so much time remaining, believing it would lead to a stream of players seeking new deals in the early stages of their contracts. THE ASSOCIATED PRESS



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IN BRIEF

Manziel sent back to bench

Johnny Manziel stood by waiting for Josh McCown to finish his interview session before it was his turn to address the Browns' decision to change quarterbacks.

Manziel won't make his second straight start on Sunday, and his return to a backup role stung deeply.

He's on hold again. "It's obviously disappointing," Manziel said Wednesday.

day. "I'm not going to sit here and say that I love the decision."

McCown was cleared from the NFL's concussion protocol Wednesday after missing one game and will start this week against Oakland, moving back ahead of Manziel, who threw two touchdown passes and led the Browns to a 28-14 win over Tennessee.

THE ASSOCIATED PRESS

RECIPE Green Gazpacho



After hosting countless sunset dinner parties for friends and family, Katie Lee, co-host of The Food Network's The Kitchen, compiled her favourite summer recipes and entertaining tips into the Endless Summer Cookbook released earlier this year.

Here she shares a recipe for green gazpacho, "The avocado in this recipe adds an extra element of creaminess, and the lime juice evens out the flavors of the onion, garlic, and jalapeno."

Serves 6-8

Ingredients

- 2 pounds Green Zebra tomatoes, cored and coarsely chopped, plus 1 Green Zebra tomato, cut into small wedges, for garnish
- 1 unpeeled seedless cucumber, coarsely chopped, plus 1 finely diced unpeeled cucumber for garnish
- 1 sweet onion, coarsely chopped
- 1 Hass avocado, chopped
- 1 small jalapeno, seeded
- 1 clove garlic
- 2 Tbsp fresh lime juice
- 1 cup cold water

- 2 Tbsp fresh mint leaves, chopped, plus more whole leaves for garnish
- 2 Tbsp fresh cilantro leaves
- 1/4 cup extra-virgin olive oil, plus more for drizzling
- Salt and freshly ground black pepper

Directions

1. In a blender, combine half of the coarsely chopped tomatoes, cucumber, and onion with the avocado, jalapeno, garlic, lime juice, and 1 cup cold water and blend until smooth. Transfer the purée to a large bowl.
2. Add the remaining coarsely chopped tomatoes, cucumber, and onion to the blender along with the mint, cilantro, and oil and pulse to a chunky purée. Add the purée to the bowl and stir well. Refrigerate the soup until well chilled, about 1 hour.
3. Season the soup with salt and pepper to taste. Garnish with tomato wedges, diced cucumber, and mint leaves, and finish with a drizzle of oil. Serve cold.

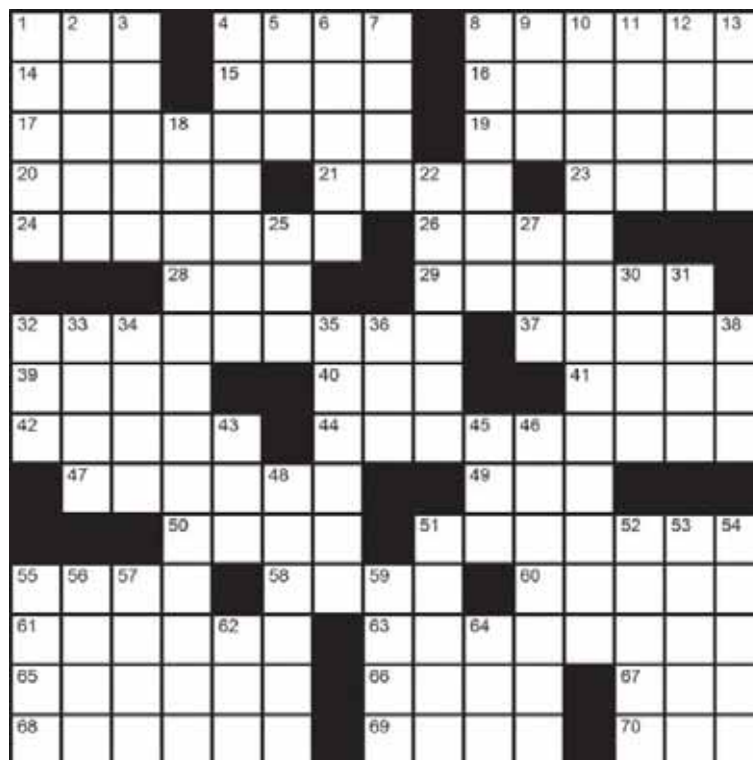
AFP

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Paraguay/Brazil border river
4. Flee
8. Action hero played by "The Simpsons" character Rainier Wolfcastle
14. Mr. Bellamy
15. Narrative
16. Certain graduate
17. Football field
19. Transplant the plant
20. Let the tea sit
21. Legal occupation [abbr.]
23. Bellow
24. Beat
26. Bionic Woman's hometown in California
28. Edwin McCain's "... Be"
29. Shows direction
32. Southern Alberta village near Lethbridge
37. Haida Gwaii - British Columbia... Anthony Island village which is a UNESCO World Heritage Site, _ Gwaay Llnagaay
39. _ Brith
40. Tic-tac-toe win
41. Hold
42. Terra _
44. Tiered temples of ancient Mesopotamia
47. "Would you like me to?": 2 wds.
49. Numero _
50. Umbrella weather
51. Steadfast
55. H.G. Wells



58. Decorative curved arch
60. Prefix with 'red'
61. Famous role for Johnny Weissmuller (b.1904 - d.1984)
63. Snuggly wraps
65. Monty Python-er John
66. Manage

67. Summer hrs. in Toronto
68. Baroque composer of the oratorio Messiah
69. Inputted info [abbr.]
70. _ v. Wade

DOWN

1. Anxiety

2. Eastern Ontario town; or, Western Australia city
3. "Bon voyage!"
4. Draw in a dotted manner
5. Automobile
6. Take _ off (Relax)
7. Sleeping bag 'room'

8. Tori & Dean... Toronto-born chef/author Ms. Eustace: 2 wds.
9. Caves, on a scoreboard
10. Old _ (Halifax cemetery founded in 1749 which is a National Historic Site of Canada)
11. Farm song bit:

- "Here _ , there..."
12. "... pronounce you..." (Altar words)
13. Of all of Canada [abbr.]
18. DMZ = _ Zone (Area separating North and South Korea)
22. Champion/leader: 2 wds.
25. Gremlin
27. Three-toed sloths
30. Scarlett's home
31. Annoyed state
32. American network
33. Artist Yoko, and surnamesakes
34. Tub
35. Flowing like molasses
36. French 'king'
38. Paper map's techie alternative
43. Tenn. neighbour
45. Stomach
46. Without assistance
48. Oscar-winner Mr. Barrymore
51. Apply a shirt button: 2 wds.
52. Raven, Cowboy or Patriot, e.g.
53. Words to live by
54. Potentially care-less swiftness
55. Inscribe
56. Los Angeles = _ Land
57. _ Ishii ('Kill Bill' character)
59. 'Conval' suffix (Recuperate)
62. Peer Gynt's mother
64. _ No. (Building dweller's unit)

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You should find it a lot easier to sit down with others and discuss your problems. Prepare to meet them halfway and your relationships will go from strength to strength.

Taurus April 21 - May 21
Focus on the small print to make sure you are getting a good deal. You will have no one to blame but yourself if you overlook some apparently minor fact or figure and end up missing out on a major opportunity.

Gemini May 22 - June 21
Take advantage of the good things on offer and don't doubt for a moment that you deserve them. You have done so much good for others, now let them do something for you.

Cancer June 22 - July 23
Get tough with someone who refuses to face up to their problems. You could approach them with kindness but they've had plenty of that already. Tell them in no uncertain terms where they are going wrong.

Leo July 24 - Aug. 23
Someone is a bit depressed and needs you to cheer them up. Calm their fears and remind them that life is still wonderful — and you are a wonderful friend.

Virgo Aug. 24 - Sept. 23
You are strongly advised to make no hard and fast decisions until you have talked things over with people you trust. It could mean the difference between a big profit or a loss.

Libra Sept. 24 - Oct. 23
A whole new chapter in your life has begun and you will soon forget about recent worries and woes. The plans you make now will set you on a more exciting course through life.

Scorpio Oct. 24 - Nov. 22
Partners and loved ones will want you to join in with their plans today and you would be wise to make the effort. The more you do for others now the more they will do for you.

Sagittarius Nov. 23 - Dec. 21
You have a great deal of emotional energy at your disposal now — use it wisely. The last thing you want is to find yourself bickering with partners and loved ones for no good reason. Always aim for your highest ideal.

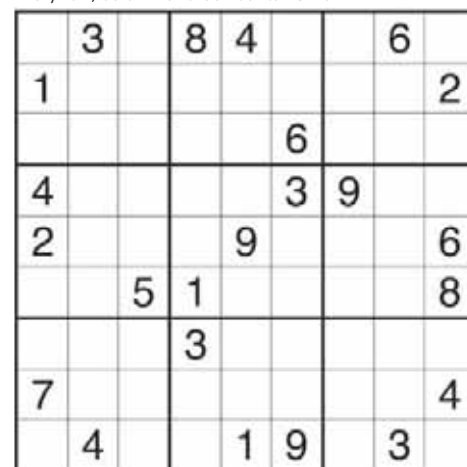
Capricorn Dec. 22 - Jan. 20
The Sun in Libra at this time of the year can help you reach your rightful place in the world which is, of course, at the very top. Give some thought as to what you want to accomplish and then make it happen.

Aquarius Jan. 21 - Feb. 19
Something is about to happen that will force you to question your view of the world, especially if that view is ultra rational and materialistic. Don't fight against it. The world is a stranger place than you know.

Pisces Feb. 20 - March 20
You do not need to ask permission to enjoy yourself, nor do you need to ask if it's okay to make money. Great riches can be yours.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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